

# *Elizabeth Mowry Workshop/Supply List*

*May, 2016*

Elizabeth Mowry is a Master Pastelist in the Pastel Society of America, in Who's Who in American Art, and has been an instructor for 15 years at the Woodstock School of Art in New York. She has received numerous awards for her paintings which are known for her vibrant use of color. Elizabeth's paintings have been exhibited in the USA and abroad and are in numerous collections and galleries around the world.

Her books with which we are most familiar are; *The Pastelist's Year*, *The Poetic Landscape*, and *Landscape Meditations*. In the first of these two she presents the reader with thoughts on "how to paint" and "why". In *Landscape Meditations* she helps the artist consider the "what" to paint. The colors she uses and when she uses them is that which makes her paintings sing to her viewers. Elizabeth is an exemplary painter and extraordinary teacher. You may view her work and bio online at [www.elizabethmowry.com](http://www.elizabethmowry.com).

## Suggested List of Supplies

### **Pastels:**

Elizabeth will be using Pastel Girault's "Poetic Landscape" set of 102 colors as well as, others. However, it should be emphasized that any brand of pastels that you already have and are comfortable using are fine. *Most important is a wide range of light and dark values.*

### **Pastel Pencils:**

Instructor uses Schwan Stabilo Carb Othello pastel pencils. Five (5) to six (6) pencils in different colors and a small manual sharpener are suggested. Instructor typically uses the colors: 770, 430, 590, 690, and 708.

### **Painting Surfaces:**

Five (5) to eight (8) painting surfaces are suggested. Students can choose whatever size surface they are comfortable using. The instructor will use 11" x 14" and 12" x 18" surfaces including:

- Pastel Premier Medium Italian Clay Sanded Paper
- U-Art sanded paper 400 grit
- Sennelier La Carte Light Green or Light Grey Blue

These surfaces are available through Dakota Art Supply. However, you may be able to find them through other art supply outlets. These surfaces are sometimes available already mounted if you choose. If you do not bring painting surfaces that are already mounted, you will need light-weight boards to accommodate the size of paper you will be using. The instructor will be using a foam core that is readily available.

**Miscellaneous Supplies:**

- Masking tape
- Tortillon (or stump)
- 1-inch poly foam brush for wetting in pastel areas
- Two pieces of foam core and sheets of glassine for transporting finished work. The foam core pieces can double as extra painting boards if needed
- Paper towels or wipes to clean you hands
- Several of your own photos to use as subject matter as this is a studio workshop
- Canned Air – This is optional, but it can be used to remove pastel from overworked areas. Please note that this cannot be included in your carry-on luggage.

A dust mask if you need one.

Look over the above list of suggested supplies. If you have supplies that you enjoy using and they work well for you, you do not have to spend much time collecting other supplies.