



## Letter from the President

Suzanne “Sparky” Nelson



When the going gets tough, the tough go shopping ..... workshoping, that is! Just as a new sweater or golf club or “app” can do wonders for your appearance or performance or efficiency, a workshop can bring a fresh perspective or technique or tool to your artistic efforts.

Workshops are a bit like immersion language programs. While you are there, your whole focus is on your art, distractions are minimal, and your effort is intense. A highly skilled instructor works with you at your easel, providing guidance, inspiration, and critique. Really, how could you *not* benefit from such an experience?

I have learned that workshops are best approached with a “what the heck” attitude. Be prepared to struggle, to experiment, to be awed by the instructor’s work and disappointed in your own. Plan to learn more from your failures than your successes. I have been surprised, when weeks or months after a workshop, a concept that baffled me will suddenly make sense and put a new spark in my work!

Of course, there are many types of workshops. They range from half-day sessions like APS offers as part of our programming, to multi-day experiences in a place away from home, to those where you travel much farther to paint in Provence or Tuscany or even China! Renowned instructors advertise their workshop schedules in the major art magazines and on their websites. The Pastel Journal publishes a list, by Instructor, near the back of each issue. Similarly, The Artist’s Magazine publishes a listing by state at the back of each edition and on-line at [http://media2.fwpublications.com/NLS/2016\\_March\\_Workshops\\_The\\_Artists\\_Magazine.pdf](http://media2.fwpublications.com/NLS/2016_March_Workshops_The_Artists_Magazine.pdf).

As I write this, there are still a few spaces available in the Elizabeth Mowry workshop that APS is hosting in conjunction with the Statewide Pastel Show. Elizabeth is an incredible artist and a wonderful instructor. She lives in Colorado and rarely travels this far to teach. This is a wonderful workshop opportunity – and right in our (Black Mountain) back yard!

So, how about it? Could your work use a tweak or push? Has the going been tough? Then you need to go workshoping! Whatever you do, keep those fingers dusty! **Sparky**

P.S. In my last letter, I urged you to consider entering your work in Exhibitions. Well, now you have no excuses! There is a complete menu of possibilities for you – the non-juried show at the Grace church (see the description and instructions in this newsletter), the Statewide Pastel Show which we are hosting this year (see the description and instructions in this newsletter), and the Juried Member show which will be held in October (descriptions and instructions will come soon.)

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**The APS general meeting is scheduled every second Saturday of the month i.e.**

**Jan, Mar, May, July, Sep, Nov, from 10 am - 12 pm and those interested in pastel are welcome.**

## Appalachian Pastel Society

March 12, 2016

Meeting: 10 am - noon

Grace Community Church Exhibition Hall

495 Cardinal Road

Mills River, NC 28759

There is no fee to attend the morning event. [Open to the public]

### Ron Laboray...*Curating and Artistic Public Engagement*

Ron Laboray will discuss aspects of jurying public exhibitions. Attendees are encouraged to ask questions about curating, submitting to exhibitions and how to approach a studio practice and strengthen an artistic statement.

He was the Judge of the APS 2015 Juried Member Exhibition at the Black Mountain Center for the Arts.



The work of Ron Laboray has been exhibited in museums, special project spaces, and galleries in cities such as New York, Los Angeles, Chicago, Memphis, St. Louis, Taiwan, and Japan. Laboray's art merges abstract painting and drawing with a pseudoscientific method to create a growing visual archive of popular culture. In his work, the visual language of abstraction supports a color-coded archive of data, based on mass culture elements like television, movies, comic books, fast food logos and junk mail advertising. Ron currently resides in Asheville North Carolina and holds the rank of Assistant Professor of Painting and Drawing at Western Carolina University.

**Workshop: 1pm to 4pm... (workshop full)**

### Deborah Johnson Kidwell...

#### *K.I.S.S. Workshop (Keep It Simple, Sweetie)*

*A workshop to move you toward daily painting through small works, using a limited palette and optical color mixing. Let a few simple structures free you to delight in daily small wonders!*

About Deborah...“I grew up outside of Boston, and was happily influenced by the Realism of Ives Gammell's Boston School tradition and the wonderful area museums, studying at DeCordova Museum School between HS and college. During that time I was able to travel to Europe as an art student.

“I received a BFA in painting from the University of New Hampshire. A pivotal experience was as an Artist in Residence at a large geriatric mental health facility, where drawing became my treasure.



**(Workshop - continued from p. 2 - Deborah Johnson Kidwell)**

“Years later I met pastels through classes and workshops with Jill Pottle, Aline Ordman and Margaret Dyer. For me pastel is the perfect dance between painting and drawing. And the “music” has captured me.”

Deborah takes joy in teaching children and adults to see and discover the artist within, teaching in a variety of settings since 1995.

See: [https://geiselmed.dartmouth.edu/koop/programs/healing/gallery/death\\_doorway/](https://geiselmed.dartmouth.edu/koop/programs/healing/gallery/death_doorway/)

<http://deborahjohnsonkidwell.blogspot.com>

### **DIRECTIONS TO APS MEETINGS AT GRACE COMMUNITY CHURCH**

495 Cardinal Road, Mills River, NC 28759

From I-26, take Exit 40 for the Asheville Airport. Drive 3.3 miles on NC-280W/Airport Rd. passing the Asheville Airport. Turn right on Cardinal Drive, between the Land Rover dealer and Grace Church (up on the hill). Turn left at the top of the drive into the church parking lot.

Go to the left side of the building to the green awning entrance.

Refreshments will be served. Bring a friend!

### ***Your Own Webpage for only \$30!***

**Did you know that as an APS member, you can have your own webpage on the APS Website?**

For only \$30 (one-time charge...no yearly fee), you can have a page that will link from your name in the Membership List. If you already have your own website, we can put a link on this page that will direct people to your website.

Updates to this page can be made for \$15...but otherwise there is no additional charge.

For details...and to see pages already in place, go to the APS website ([www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)), and click on the “Member Directory and Gallery” tab at the top of any page.

Information about how to have your own page is above the membership list.

If you have questions, contact the APS Webmaster...

**Kay Gordon**

**APS Webmaster**

[kgordon@main.nc.us](mailto:kgordon@main.nc.us)

828.206.0240

# Artist of the Month - Cathyann Burgess



*Cold Stand Off*

I have been drawing or painting as long as I can remember and consciously thought of myself as artist, at age 13. Born in Manhattan and raised in Brooklyn, NY, my first art “aesthetic” experience was at the Cloisters, part of the Metropolitan Museum of Art. The next time artwork made an indelible mark was when I was sixteen and stood before Picasso’s Guernica. I was indeed lucky to have been exposed and introduced to much of the world’s finest art being raised in that city.



*Marsh Before Sunset*

I hold a MSED in Art from SUNY College at Buffalo, NY.

My teaching experience in art for over 25 years includes formal schools both public and private, museums and workshops.

After retirement I was able to become a student again in the workshops of Nelson Shanks, Daniel Greene, Matthew Mancini and Randy Sexton. There is still so much to glean from those much more experienced than I. I love learning. Artists of influence are many but clearly among my favorites are Degas, Sorolla, Mary Cassatt, Sargent and Twachtman.



*Mountain Top Light*



*After the Storm*

(Artist of the Month - Continued on p. 5)



## *Artist of the Month - Cathyann Burgess (continued from p.4)*

After an itinerant lifetime because of my husband's employment, I have been "at home and studio" in Hendersonville North Carolina for little over a year. I love it here in WNC. I am happy to serve as Appalachian Pastel Society Program Chair.

Pastels have been almost my exclusive medium of late and feel that I've "come home" with them. Subjects of interest to me are many especially the landscape and figures, but really it matters more *that* I paint rather than *what* I paint. Process is where I find peace as well as exhilaration.

**Artist Statement:** I am just fascinated with the colors, moods and sounds of my immediate environment. The ordinary, quiet moments of daily living are often filled with common things that I find quite lovely. Raising this simple and abundant life to the sacred, which is evident to me, is what my painting is "about". I want the viewer to breathe a sigh of joy or relief when viewing my work or living with it. I believe that this fast and often violent world needs more of the beautiful and this is what I offer: my sense of wonder at the beauty in each day that I live. I want to share the things that delight me. It is that simple.

**Workshops:** Cathyann available for workshops Thursday mornings or Saturday by request and will be giving a workshop for our July meeting.

I show at the Asheville Gallery of Art at 16 College St, Asheville, NC and enter competitions. My works are in both corporate and private collections.

more at : [www.cathyannburgessfineart.com/](http://www.cathyannburgessfineart.com/)

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*Anne Allen at one of Cathyann's workshops*



### PASTEL WORKSHOP

**Beverly Kies**

[www.beverlykies.com](http://www.beverlykies.com)

Come to Beverly's Spring Workshop and immerse yourself in this wonderful medium. This workshop is for all levels - I will go over what makes being a pastel artist successful. Includes setup, materials, basic drawing, creative use of color, good composition, and anything else you desire to learn.

**When: Wednesday & Thursday, March 23<sup>rd</sup> and 24<sup>th</sup>, 9-4**

**Cost: \$175 for the two full days**

**Where: My home in Laurel Park in Hendersonville**

**If interested please call Beverly at 828-699-2351 or e-mail [beverlykies@bellsouth.net](mailto:beverlykies@bellsouth.net)**

## News of APS Members



**Nancy Clausen** was juried into the **Pastel Society of NC's member's show**. My painting, *"Watching A Cancun Sunset"*, is at the Ambleside Gallery in Greensboro, NC, 528 S. Elm Street. The show will be up until the end of February.

**Sheryl Daniels** was delighted to have a painting, *"Chocolate Covered Cherries Coleus"* juried into the 2016 Women Painters of the Southeast National Show. It will be held at the Arts Depot in Abingdon, Virginia at 314 Depot Square on April 9<sup>th</sup>.  
[www.abingdonartsdepot.org/](http://www.abingdonartsdepot.org/)

**Kate Thayer** has a show of her pastels and oils at the **Seven Sisters Gallery in Black Mountain, NC** and the works will be displayed until May.  
[www.sevensistersgallery.com](http://www.sevensistersgallery.com)



*Graffiti*

*Hidden Surprises*

**Pamela Winkler** has two paintings selected for the **Twenty-Seventh Juried Exhibition IAPS Web Show**, (International Association of Pastel Societies), December, 2015 - June, 2016  
Be sure to see the rest of the show at [www.iapspastel.org/](http://www.iapspastel.org/) and hit red button "View Show".



## 4 weeks left to enter the NC Statewide Pastel Exhibition!

The 2016 North Carolina Statewide Pastel Exhibition  
*On Common Ground: From the Mountains to the Sea*  
at the  
**Hickory Museum of Art**

**Juror, Elizabeth Mowry, PSA**

### Prizes include

First Place, 1000  
Second Place, 500  
Third Place, 250  
People's Choice, 300.  
Canson Cash award  
2 Great American Masterclass Pastel Sets, 78-piece (value 300 ea.)  
2 Schmincke Pastel Sets from Chartpak (value 300 ea.)  
Gifts from U-Art and Strathmore

### CALL FOR ENTRIES!



*Lily Pads*, by Maggie Whitney

1st Place, NC Statewide 2015

**You are invited to enter the North Carolina Statewide Exhibition!**

This event is an annual collaboration of

The Appalachian Pastel Society  
The Piedmont Pastel Society  
The Pastel Society of North Carolina

**Deadline is March 18!** Please enter online at [www.callforentry.org](http://www.callforentry.org)

Prospectus is attached for information and is also posted online at [callforentry.org](http://callforentry.org).

**Elizabeth Mowry will be teaching a five-day workshop  
May 23-27 in Black Mountain, NC**

Register for Elizabeth's workshop at [appalachianpastelsociety.org](http://appalachianpastelsociety.org)

A wait list will be maintained once full

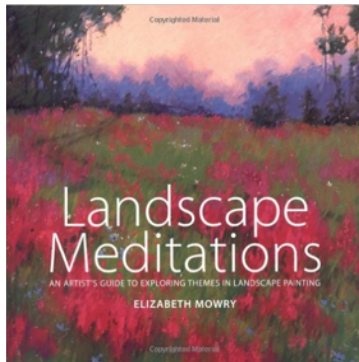
**Exhibition reception at the Hickory Museum  
Saturday, May 21, 2016**



## From the Library

**“Nature was my first teacher”. Elizabeth Mowry**

Elizabeth Mowry, juror for the NC Statewide Pastel Exhibition, will lead a workshop May 23-27, 2016. Register at [www. appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)



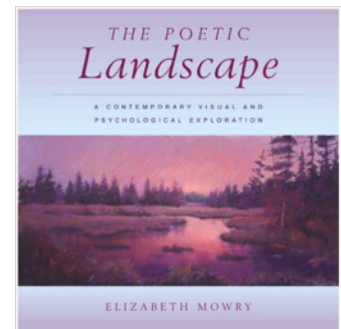
### ***Landscape Meditations: An Artist's Guide to Exploring Themes in Landscape Painting***

"Sometimes an idea expressed in the past lies dormant for awhile and then surfaces again as an epiphany for current acknowledgement on new painting surfaces. Life experiences continually supply us with changing energy and perspective. Elizabeth Mowry, *Landscape Meditations*

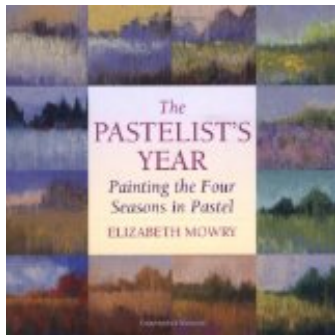
Praise for *Landscape Meditations*: "What distinguishes sacred art is the window it opens to another world ... a world that is vaster, stronger, and more real and more beautiful than the world we normally encounter. For me, your book is a prayer. Olaf Hillestad, retired professor, State University of New York

### ***The Poetic Landscape: A Contemporary Visual and Psychological Exploration*** (donated to the APS Library by Karen Chambers)

Artists and others who appreciate sublime depictions of the natural world will relish the contemporary exploration of what constitutes the poetic in landscape painting today. Artists will be drawn to Elizabeth Mowry's thoughtful words on color, composition and subject matter. She explores how limiting a painting to one carefully selected idea can add to a work's strength and invite a viewer to enter its space.



"To walk with nature as a poet is the necessary condition of a perfect artist".  
Thomas Cole



### ***The Pastelist's Year: Painting the Four Seasons in Pastel***

In *The Pastelist's Year: Painting the Four Seasons in Pastel*, master pastelist Elizabeth Mowry demonstrates, step-by-step, how to paint pastels that distinctly capture the mood, color, majesty of the four seasons. Whether you're a novice or seasoned professional, *The Pastelist's Year* has something to offer anyone who loves to create beautiful art.

**Elizabeth Mowry is a Master Pastelist of the Pastel Society of America and a Distinguished Pastelist of the Pastel Society of the West Coast. She is listed in *Who's Who in American Art*. Ms Mowry is a consistent recipient of national awards for landscape painting, including awards from the Pastel Society of America. She is the author of *The Poetic Landscape*, *The Pastelist's Year*, *Landscape Meditations* and her newest book, *Landscape Painting: Tips and Techniques from a Lifetime of Painting* (2016).**





## ***Appalachian Pastel Society Non-Juried Pastel Show***

### ***The Dance of Pastel***

**March 24 through May 13, 2016**

**Grace Community Church**

**495 Cardinal Rd., Mills River, NC**

*The reception is on Sunday, May 1 at 10 a.m. between church services.*

*Artists, families, friends, students, educators are all welcome.*

#### **Call for Entries: February 10 through March 13**

**Exhibiting artists must be current members of the Appalachian Pastel Society.**

Submit name, title, medium and outside dimensions (height x width) via email on or before March 13. A brief artist's statement to be displayed next to a painting is optional. Each artist may enter up to two paintings, space permitting. Identify paintings as Painting A and B to indicate the artist's priority for hanging. Submit all entry information to [annekallen@gmail.com](mailto:annekallen@gmail.com) by Sunday, March 13. Digital image(s) to be considered for publicity purposes are being accepted now.

**Deliver your paintings to Grace Community Church on Monday, March 21, 10 a.m. to 1 p.m.**

A \$10 entry fee per artist is due on March 21 when paintings are delivered. All artwork must be properly framed and wired for hanging. A signed *Notice of Liability Disclaimer* will accompany each entry. Artists will find a copy of the disclaimer and a label for the back of their painting at [www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org) From the home page, follow the link to "Exhibitions" to locate, review and print the disclaimer. At the same site, review *Roles and Responsibilities for Non-Juried Shows*.

**A notebook of artist biographies will be available for gallery patrons during the show.**

Exhibiting artists are encouraged to update information and/or submit a biography on March 21 when paintings are delivered.

**The Gallery will be open Monday through Thursday, 9-5; Friday, 9-1; Sunday 8-12. Closed Saturday.**

**Pick-up Date: Saturday, May 14, noon to 4 pm at the Grace Community Church.**

All paintings will hang for the duration of the show, including any paintings sold during the show. If a painting is sold, the Church will refer the buyer to the artist. If the artist negotiates a sale, the Church requests a 10% donation.

For additional information, contact **Anne K. Allen**  
[annekallen@gmail.com](mailto:annekallen@gmail.com) or (239) 777-3539

***SAVE THE DATE FOR FUTURE APS MEETING***

**Saturday, May 14, 2016, 10 am to 12 noon for the Appalachian Pastel Society Meeting and possibly an afternoon workshop. Morning programs are free and open to the public and a small fee will be charged for the afternoon workshop. Watch for the announcement on the website [www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)**

**Our January 9th “Swap, Shop and Save A Lot” Meet  
was another big success.**

*Thanks to everyone who helped make it happen.*



**Anne Allen, Maggie Whitney and Kate Thayer chat at the first meeting of the year.**

**Jim Smythe shows off a catalogue for one of our recent shows.**



# Board Members

## Officers

				
<p><b>President:</b>  <b>Suzanne “Sparky” Nelson</b>  <a href="mailto:sparkynelsonpaints@gmail.com">sparkynelsonpaints@gmail.com</a></p>	<p><b>Vice President</b>  <b>Kathleen Cantwell</b>  <a href="mailto:kathleenmcantwell@gmail.com">kathleenmcantwell@gmail.com</a></p>	<p><b>Treasurer</b>  <b>Maggie Whitney</b>  <a href="mailto:maggi whitney10@yahoo.com">maggi whitney10@yahoo.com</a></p>	<p><b>Secretary</b>  <b>Catherine McCarty</b>  <a href="mailto:clmpastelist@gmail.com">clmpastelist@gmail.com</a></p>	<p><b>Immediate Past President:</b>  <b>Suzy Hart</b>  <a href="mailto:suzyhartfineart@yahoo.com">suzyhartfineart@yahoo.com</a></p>

## Board of Directors

			
<p><b>Gary Rupp</b>                  Exhibition Committee                  (2016 Member Show)  <a href="mailto:glrupp11@yahoo.com">glrupp11@yahoo.com</a></p>	<p><b>Suzy Hart</b>                  Membership/                  Communications  <a href="mailto:suzyhartfineart@gmail.com">suzyhartfineart@gmail.com</a></p>	<p><b>Paint Out Committee</b>   <b>Gary Rupp</b>  <a href="mailto:glrupp11@yahoo.com">glrupp11@yahoo.com</a></p>	<p><b>Jim Hefley</b>                  Publicity Committee  <a href="mailto:jhefley@charter.net">jhefley@charter.net</a></p>
			
<p><b>Sheryl Daniels</b>                  Hospitality Committee  <a href="mailto:stdaniels@embrqmail.com">stdaniels@embrqmail.com</a></p>	<p><b>Sydney Wilson</b>                  Newsletter Committee  <a href="mailto:wilstu@charter.net">wilstu@charter.net</a></p>	<p><b>Anne Allen</b>  <a href="mailto:annekallen@gmail.com">annekallen@gmail.com</a></p>	<p><b>Kay Gordon</b>                  Website Committee  <a href="mailto:jkaygordon364@gmail.com">jkaygordon364@gmail.com</a></p>
			
<p><b>Anne Allen</b>                  Library Committee  <a href="mailto:annekallen@gmail.com">annekallen@gmail.com</a></p>	<p><b>Cathyann Burgess</b>                  Programs/Workshops  <a href="mailto:cathyannburgess@gmail.com">cathyannburgess@gmail.com</a></p>	<p><b>Gallery Committee (non-juried)</b>  <b>Anne Allen</b>   <b>Alex Hall</b></p>	<p><b>Karen Chambers</b>                  Statewide Show  <a href="mailto:karenpaints@hotmail.com">karenpaints@hotmail.com</a></p>



### Appalachian Pastel Society Membership Application

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ Alt Telephone \_\_\_\_\_

E-mail \_\_\_\_\_ Website \_\_\_\_\_

Renewing member \_\_\_\_\_ New Member \_\_\_\_\_

Artist \_\_\_ Art Supporter \_\_\_

Committee Interests:

Exhibitions \_\_\_ Programs \_\_\_ Hospitality \_\_\_ Telephone \_\_\_

Newsletter \_\_\_ Membership \_\_\_ Clerical \_\_\_ Workshops \_\_\_

Other \_\_\_\_\_

Awards/Experience/Comments/(or, what are your expectations from APS):

\_\_\_\_\_  
\_\_\_\_\_

Our new membership year is September 1<sup>st</sup>, 2015 to August 31, 2016. If you have not renewed yet, please print out the form below and send it in as soon as possible. This helps us keep our records current, keeps you in the loop for announcements about our awesome programs, shows, exhibitions and member news.

The new membership year promises to be an exciting one, with plein air events, great demonstrations and workshops, and the wonderful company and support from your fellow artists.

Stay in the loop, stay involved, and renew now! Please call me or email me if you aren't sure of your current status.

Send your \$25 dollar check and the Membership Application to:

Suzy Hart  
122 Broome Lane  
Easley, SC 29640

More information: [www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)  
Or contact Suzy at: [appalachianpastelsociety@gmail.com](mailto:appalachianpastelsociety@gmail.com)  
845.986.3653