



## *Letter from the President—Gary Rupp*

Spring is in full bloom, and the colors around us are taking on a new freshness and beauty that once again awaken the desire to paint. I'm reminded of a quote from Cezanne who said, "I could paint for a hundred years, a thousand years without stopping and I would still feel as though I knew nothing." While I can certainly identify with his sense of being overwhelmed with how much there is to know about good painting, I'm also keenly aware of how APS exists to fill this gap for those who want to explore further and deeper into the world of painting with pastels.

And truly, there is much to learn. Values, composition, color, perspective, edges, and underpainting are just the beginning! Not to mention how many books have been written on just these topics alone. Where does one begin? How do I get started? Where do I find the information needed to be a pastelist? How do I continue to improve my skills? These are just some of the questions APS seeks to help artists answer. APS provides programs, exhibitions, workshops, books, videos and plein air events and more to meet these needs. In brief, APS is a fellowship of painters learning together to enjoy their art. Come and join us!

Although I think Cezanne has challenged us well with his thoughts on painting, I want to leave you with the heartfelt words of Robert Henri, who said, "Art is the means to jolt ourselves and others awake to the wonder of being alive in this stupendous universe."

Happy painting to all, Gary Rupp  
APS President

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**The APS general meeting  
is scheduled every second  
Saturday of the month:  
Jan, Mar, May, July, Sept,  
Nov, from 10 am - 12 pm**

**Any interested in pastel  
are welcome.**

# Appalachian Pastel Society

May 13, 2017 Meeting

10 a.m. – 12 noon

Grace Community Church

495 Cardinal Road, Mills River, NC 28759

There is no fee to attend the morning event. [Open to the public]

## APS presents—Cathyann Burgess “Think Abstractly”

The morning presentation will be a Visual Presentation/Lecture on the concepts of Abstraction in 20th Century Art History and its influences in Contemporary 21st century art using examples in pastel. The afternoon workshop will be an application of some of the concepts from the morning presentation.

*The afternoon workshop will continue with Mix it Up and Shake it Loose*

“I once heard this: "There are no color police!"  
Well, no there aren't. However, understanding color and light and structure is important.  
But when you have the fundamentals, then what?  
You play!  
Come play with me!  
We will explore how to mix color and methods to loosen up your style and thinking about process.  
Extend your boundaries and freshen up your thinking about abstraction from reality through directed exercises in the studio.”



**Workshop: 1pm to 4pm...**

**To register go to**

**[www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)**

**Cathyann Burgess...“Mix it Up and Shake it Loose”**

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***Cathyann Lautier Burgess:***

“I have been drawing or painting as long as I can remember and consciously thought of myself as artist, at age 13. Born in Manhattan and raised in Brooklyn, NY, my first art “aesthetic” experience was at the Cloisters, part of the Metropolitan Museum of Art. The next time artwork made an indelible mark was when I was sixteen and stood before Picasso’s Guernica. I hold a MEd in Art from SUNY College at Buffalo, NY. My teaching experience in art for over 25 years in 4 states, includes formal schools both public and private, museums and workshops.”



**SUPPLIES NEEDED:** Bring your your own pastels, old paintings that you want to fix or annihilate, paper and an easel, if you wish. Don’t forget to bring a plastic sheet or drop cloth to put under your work area!

✦ ARTISTS TAKING WORKSHOP MUST REGISTER AND PAY IN ADVANCE...AND ARE ENCOURAGED TO REGISTER EARLY TO RESERVE THEIR PLACE.

**Contact person:** Cathyann Burgess, 828.595.9518 or cathyannburgess@gmail.com

*“The longer you look at an object, the more abstract it becomes, and, ironically, the more real.”—Lucian Freud*



**DIRECTIONS TO APS MEETINGS AT GRACE COMMUNITY CHURCH**

495 Cardinal Road, Mills River, NC 28759

From I-26, take Exit 40 for the Asheville Airport. Drive 3.3 miles on NC-280W/Airport Rd. passing the Asheville Airport. Turn right on Cardinal Drive, between the Land Rover dealer and Grace Church (up on the hill). Turn left at the top of the drive into the church parking lot.

Go to the left side of the building to the green awning entrance. Refreshments will be served. Bring a friend!

## Artist of the Month — Christie Ann Robinson

I was taught from a very early age to appreciate art. As a child I was taken to the Chicago Art Institute to see Rembrandt's originals that were on tour, as well as the other amazing paintings. On a class trip we went to the Smithsonian, and again got to see the works of the masters. And most recently I made the effort to go see one of my favorite paintings in the world, Vermeer's *Girl with a Pearl Earring*, the one and only time it was in the United States. I cried when I laid eyes on it. We all did. It was that impactful.

I've always marveled at how these masters could take colors and create these masterpieces that still move people hundreds of years later. And I've always wanted to be able to paint. But drawing and painting were not my strongpoints.

Artistic talent runs throughout my family. My mother was a brilliant pastel portrait artist. The first award she ever won was from the Pastel Society of America, and it was a workshop with Daniel Greene. My aunt was an art teacher, and is such a creative artist. My dad was a wonderful artist when he wanted to be. My brother—well you get the point. But my talent went more to arts and crafts.

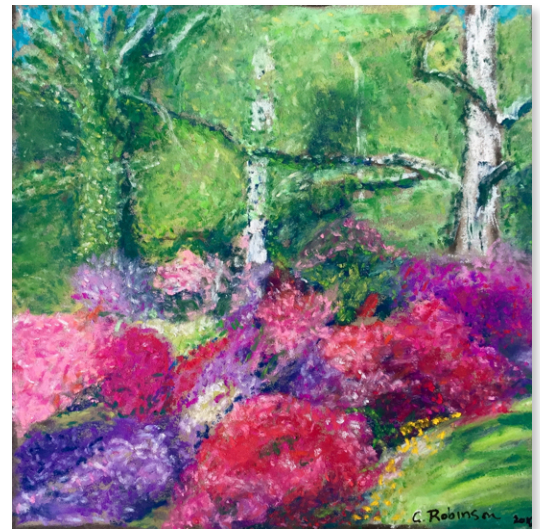
Then, a couple of years ago I started having health issues and I couldn't work for the first time in my life. As time went by I felt so bad that my husband was having to carry the full burden of our living expenses. So one day I asked Spirit, "What can I do to bring in some money that doesn't require physical strength." And I went on with life knowing that when the time was right I would get an answer. That answer came very quickly.

Mom hasn't painted in awhile, but she wanted to try again and asked if I would take a beginner pastel class with her. I said I would love to, in hopes that she would start painting again. But the surprise was on me when I started making art, real art that people loved.

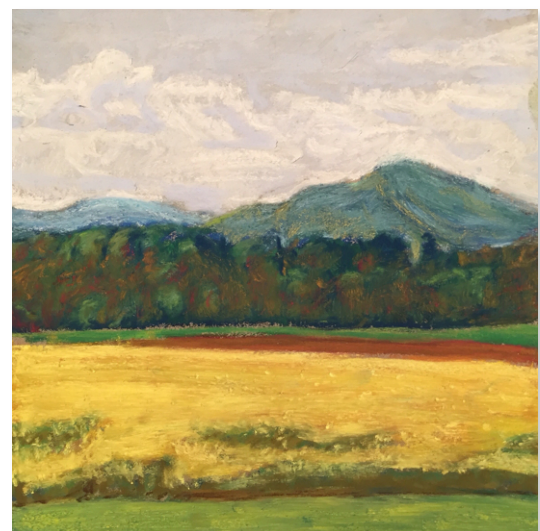
The first class was to be a simple landscape. I selected a photo I had taken, that was not simple but that I love, and by the end of the class I actually had a painting that I liked. The first painting I had done since high school. It was thrilling. And yet, my inner critic (along with a teacher who had criticized my art when I was in middle school) chimed right in and said it wasn't that great. But everyone said, "Wow, it looks like you found your medium." That gave me the confidence to assign myself homework to do another landscape before the next class. And I did it!

In the second class we did a study of round objects. After doing these paintings I started to realize that my lifelong desire to paint was perhaps finally coming true. Something inside me clicked into place and opened a door to a new and wonderful world.

The third and final class taught us how to use alcohol and contrasting colors as a base. What a trip to see the wild colors of the underpainting.



*My First Painting: Azalea Garden*



*Second Painting: Fields of Gold*

*Continued on Page 5*



## Artist of the Month — Christie Ann Robinson

*Continued from page 4*

But the biggest surprise came when a lady I knew wanted to buy two of my paintings—and I wasn't even trying to sell them. I knew then that Spirit had given me an answer, and a gift, that I am so grateful for. In four short weeks I went from being a complete neophyte to becoming a selling artist. And I haven't looked back.





presents *Big Little Paintings*

# BIG LITTLE PAINTINGS

A show of small works by members of the Appalachian Pastel Society

MAY 4th – JUNE 17th



Opening Reception

Thursday, May 11th, 6:30-7:30 pm



**BLACKBIRD**  
**FRAME & ART**

365 Merrimon Ave  
AVL 828.225.3117  
blackbirdframe.com

The pastel dust settles. The studio is dark, perhaps, for a day. And, here we are. Ready to enter a painting in the pastel show.

Perhaps it is your first show as a new member of the Appalachian Pastel Society. Or, for several years you have responded to every call with a worthy painting. Whatever path you are on, congratulations to the 22 Appalachian Pastel Society artists who entered the non-juried show opening May 4 in Asheville.

*Big Little Paintings* is an exhibition of small works created by Appalachian Pastel Society artists. Proud of who we are, the

Appalachian Pastel Society is centered in western North Carolina and serves members from North Carolina, Tennessee, South Carolina, Georgia, Virginia and other states.

Open to all APS members the show is hosted by Blackbird Frame & Art located at 365 Merrimon Ave. in Asheville. Hours are Monday-Friday 10:00am - 6:00pm; Saturday 10:00am - 3:00pm. An artist reception will be Thursday, May 11, 6:30pm - 8:30 p.m.

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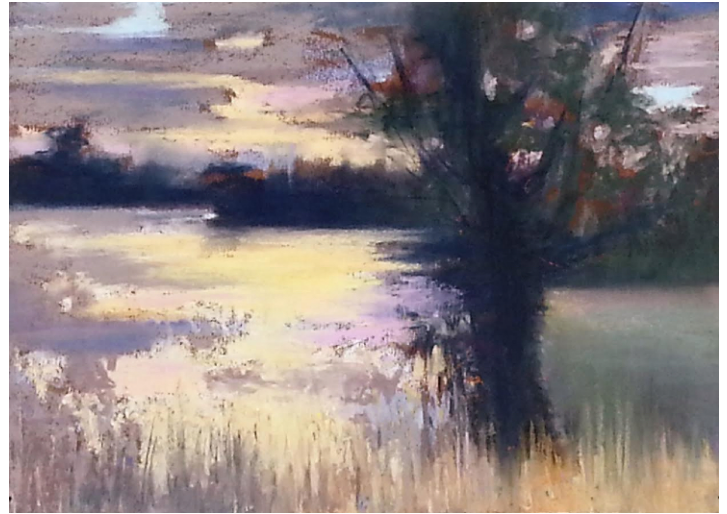
# Big Little Paintings

Continued from Page 6

## Example of works submitted:



Meryl Meyer  
Golden Reflections



No Time to Waste  
Deborah Squier



Pamela Winkler  
Two Handles



Jim Hefley  
Magnolias and Books

# The 2017 Statewide Pastel Exhibition

We are very excited about our upcoming exhibition! Please forward this invitation to family, friends, neighbors or anyone that would like to attend. We will have delicious hor d'oeuvres and refreshments at the reception. Please come out and support our fellow pastel artists!

*The Piedmont Pastel Society presents*

~ The 6th Annual ~  
**North Carolina Statewide**  
Juried Pastel Exhibition 2017

## On Common Ground Pastel Paintings *from the Mountains to the Sea*

May 3rd - June 2nd, 2017

Opening Reception  
& Awards Ceremony

Saturday, May 6  
7:00 - 9:00 pm

The Cornwell Center  
2001 Selwyn Avenue  
Charlotte, NC 28207  
704-927-0774

*Light Hors D'oeuvres and Refreshments*

*Exhibition Hours: M-F 8:30am - 9:00pm  
Sat 7:30 - 5pm., Sun 12:00 - 5:00*

Pictured right is last years  
2016 Best of Show winner  
*The Restorative Forester*  
by Leslie Roberts-Gregg



[PiedmontPastelSociety.org](http://PiedmontPastelSociety.org)

Congratulations to all the APS Members who have been juried into the 2017 "On Common Ground: From the Mountains to the Sea".

This is the 6th Annual NC Statewide Juried Exhibition which will be held at The Cornwell Center, 2001 Selwyn Avenue, Charlotte, NC. The exhibition dates are May 3 to June 2, 2017.

Please join us in congratulating the APS members who are listed below:

- Diane Allen
- Cathynn Burgess
- Terry Childer
- Sheryl Daniels
- Jeffrey Fahey
- Tracy Ference
- Frederick Fielding
- Alec Hall
- Suzy Hart
- Jim Hefley
- Gail Hurt
- Linda Jackson
- Elise Okrend
- Robbins Richardson
- Carol Rollick
- Gary Rupp
- Nan Sherry
- Susan Sinyai
- Kate Thayer
- Maggie Whitney
- Kitty Williams
- Pam Winkler



## 2017 National Exhibition

**The 2017 APS  
National  
Exhibition Now  
Open for Entries!  
Entry deadline  
is July 16, 2017**



Internationally-renowned artist, instructor, and author Dawn Emerson will be our juror for selection and awards. We will be awarding **over \$3,000** in cash and merchandise, including \$1,200 best of show and a special “People’s Choice” merchandise award valued at over \$400. **The show will run from October 19 – November 17, 2017 at the historic Jailhouse Gallery in charming Morganton, NC.**

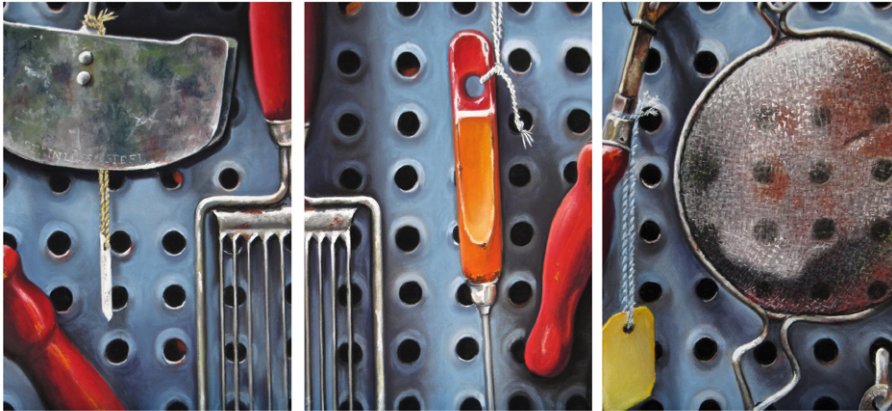
Entry processing will be via the CAFÉ system (go to [www.callforentry.org](http://www.callforentry.org), click on 'View All Calls', and search for “Appalachian Pastel”). The direct link to the CAFE' entry page is, [https://www.callforentry.org/festivals\\_unique\\_info.php?ID=4312](https://www.callforentry.org/festivals_unique_info.php?ID=4312). For helpful full instructions on preparing images, and for the full prospectus for the show, go to the APS website at [www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org). If you have further questions on the show, contact Zoe Schumaker at [pastelsbyzoe@gmail.com](mailto:pastelsbyzoe@gmail.com) or (317) 695-5154.

The Jailhouse Gallery will be receiving shipped artwork the week of October 2<sup>nd</sup>. Full shipping instructions will be sent with acceptance notices.

We look forward to hosting this wonderful exhibition of pastel paintings, and hope to see you there.

Zoe Schumaker  
2017 APS National Exhibition Chair

## News of APS Members



### 2017 Spring Studio Stroll

Asheville River Arts District

May 20 and 21 • 10am - 5pm

Warehouse Studios, 170 Lyman St. 2nd Floor

Pamela Winkler Studio [www.pamelawinkler.com](http://www.pamelawinkler.com)

Hope to see you there!

**Pamela Winkler** has extended an invitation to her studio during the River Arts District Spring Stroll.

**James Smythe** received the Member of Excellence Award, Southeastern Pastel Society, At the April 8<sup>th</sup> reception to the 2017 Members Exhibition at the Art Station in Stone Mountain, GA.

James was also accepted 2016 Bank of the Arts National Juried Exhibition, Craven Arts Council, New Bern, NC  
Juror: Dr. Larry Wheeler, Director, NC Museum of Art  
“The Trunks Have It” Pastel





## News of APS Members



After having shoulder surgery in February, and going for physical therapy, Pivot Physical Therapy in Asheville invited **Cindy Shulman** to display her art work on one of the walls in their waiting room. Cindy has 4 of her pastels in the waiting room and one in the treatment area this month. Intrepid painter that she is, one of the paintings was done with the "other arm" during rehab. Cindy is running a contest to see if people can guess which pastel was done with the left arm. Winner of the drawing will receive a bottle of wine.

**Cathy Burgess** Along with four other members of our APS, Cathyann's art will be part of the first annual Artscape Hendersonville Installation banner project. Artworks were juried into this first time art installation to grace the streets of Hendersonville for one year.

**Tracy Ference** "This is Marshall" was a finalist for the Portrait Society of America's International show in April. The Portrait Society of America's annual exhibit was held in Atlanta at the Art of the Portrait conference, April 20-23. Out of 2,000 only 23 finalists were selected. This painting won First Honor Award.



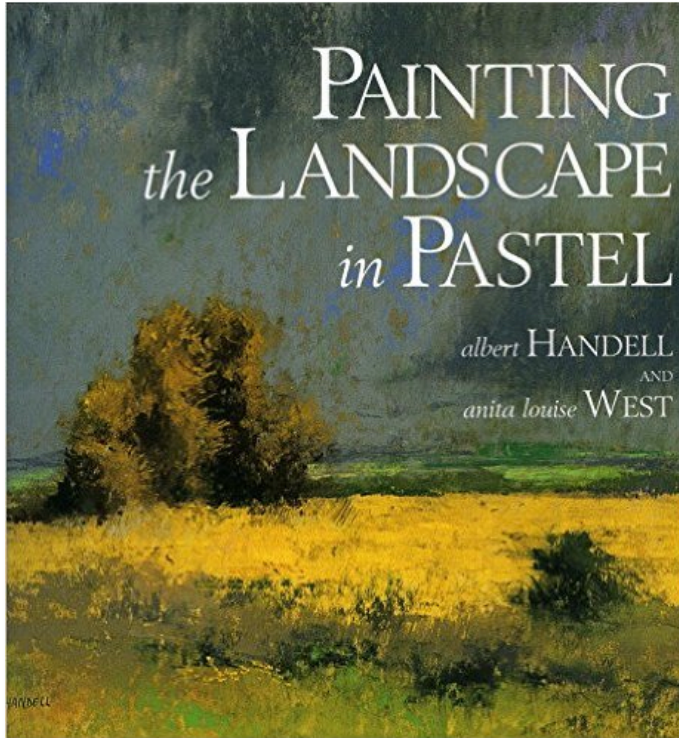
**Barbara Kitty Williams** had works accepted in the Southeastern Pastel Society Juried Members Exhibition that is currently showing at the ART Station in Stone Mountain, GA. Having met the requirements by the selection of her paintings in three consecutive juried Grand National Exhibitions, Williams has been deemed a Fellow of the American Artists Professional League, Inc., in New York.



**Nan Sherry** is now an associate member of The Pastel Society of America. Nan will also be studying portrait painting with Scott Burdick and Susan Lyon in May.

**Betty Hendrix** had her pastel titled "Carolina Marsh" juried into the Art League of Hilton Head 2017 Biennale Exhibition. The show will be on display at the Walter Greer Gallery in the Arts Center of Coastal Carolina on Hilton Head Island, SC. The opening is on May 5 from 5-7 pm and runs through May 31. The judge is Susan Mayfield of SC.

## *From the APS Library*



### **Pastel Techniques in Action**

Painting the Landscape in Pastel

Known for his use of luminous color, Albert Handell, whose lush landscapes light up these pages, provides lucid instructions to help first time pastel artists achieve impressive results as soon as they begin working with the medium.

Stepped demonstrations isolate specific landscape aspects, showing how the pastel artist depicts skies, trees, buildings, water, rocks, snow and light.

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### *Plein Air Out Painting*

*Attention* all you plein air and would be plein air artists. Set the date on your calendars for **June 10th**, the second Saturday of June. This plein air event will be held at the Botanical Gardens of UNCA. We will meet at 9:30 and find ourselves a spot and paint. There are bathrooms available. It should be lovely there.

If someone would like to step up and give a demo for us to get us started on our first foray out this year. Please let Gary Rupp [garyruppart@gmail.com](mailto:garyruppart@gmail.com) or Nancy Clausen [nancy@clauseninstrument.com](mailto:nancy@clauseninstrument.com) know if you are interested. See you soon.





## *Your Own Webpage for only \$30*

Did you know that as an APS member, you can have your own webpage on the APS Website?

For only \$30 (one-time charge...no yearly fee), you can have a page that will link from your name in the Membership List. If you already have your own website, we can put a link on this page that will direct people to your website.

Updates to this page can be made for \$15...but otherwise there is no additional charge.

For details...and to see pages already in place, go to the APS website ([www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)), and click on the "Member Directory and Gallery" tab at the top of any page.

Information about how to have your own page is above the membership list.

If you have questions, contact the APS Webmaster...

Kay Gordon, APS Webmaster, [kgordon@main.nc.us](mailto:kgordon@main.nc.us), 828.206.0240

## *Newsletter*



Hello! My name is Christine Robinson and I have recently stepped in as the APS newsletter editor. It is a labor of love to be sure.

It has been so exciting to see the incredible work that has been submitted, and I look forward to meeting all of you soon and seeing more of your fine work. If you have news to submit, awards, acceptance into juried shows, etc. Please send them to me at [harpnhu@charter.net](mailto:harpnhu@charter.net).

## *APS Officers and Board Members*

### **OFFICERS:**

President: Gary Rupp, [garyruppart@gmail.com](mailto:garyruppart@gmail.com)

Vice President: Alec Hall, [alechall801@gmail.com](mailto:alechall801@gmail.com)

Secretary: Catherine L. McCarty, [clmpastelist@gmail.com](mailto:clmpastelist@gmail.com)

Treasurer: Sparky Nelson, [sparkynelsonpaints@gmail.com](mailto:sparkynelsonpaints@gmail.com)

Immediate Past President: Sparky Nelson, [sparkynelsonpaints@gmail.com](mailto:sparkynelsonpaints@gmail.com)

### **BOARD OF DIRECTORS:**

2019 NC Statewide Show: Suzy Hart, [mailto:appalachianpastelsociety@gmail.com](mailto:mailto:appalachianpastelsociety@gmail.com)  
. Cathyann Burgess, [cathyannburgess@gmail.com](mailto:cathyannburgess@gmail.com)

2016 APS Member Show: Gary Rupp, [garyruppart@gmail.com](mailto:garyruppart@gmail.com)

2017 APS National Show: Zoe Schumaker, [zoe\\_schumaker@yahoo.com](mailto:zoe_schumaker@yahoo.com)

Membership/Communications: Suzy Hart, [appalachianpastelsociety@gmail.com](mailto:appalachianpastelsociety@gmail.com)

Programs: Cathyann L. Burgess, [cathyannburgess@gmail.com](mailto:cathyannburgess@gmail.com)

Public Relations: Jim Hefley, [jhefley@charter.net](mailto:jhefley@charter.net)

Non-juried Shows: Anne Allen, [annekallen@gmail.com](mailto:annekallen@gmail.com)

Hospitality: Kathy Amspacher, [naturgirl13@gmail.com](mailto:naturgirl13@gmail.com)

Paint Outs: Gary Rupp, [garyruppart@gmail.com](mailto:garyruppart@gmail.com)  
. Nancy Clausen [nancy@clauseninstrument.com](mailto:nancy@clauseninstrument.com)

Library: Anne Allen, [annekallen@gmail.com](mailto:annekallen@gmail.com)

Newsletter: Christine Robinson, [harpnhu@charter.net](mailto:harpnhu@charter.net)

Website: Kay Gordon, [kgordon@main.nc.us](mailto:kgordon@main.nc.us)

## Appalachian Pastel Society Membership Application

**Date** \_\_\_\_\_

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Telephone** \_\_\_\_\_ **Alt Telephone** \_\_\_\_\_

**E-mail** \_\_\_\_\_ **Website** \_\_\_\_\_

**Renewing member** \_\_\_\_\_ **New Member** \_\_\_\_\_

**Artist** \_\_\_ **Art Supporter** \_\_\_

**Committee Interests:**

**Exhibitions** \_\_\_\_\_ **Programs** \_\_\_\_\_ **Hospitality** \_\_\_\_\_ **Telephone** \_\_\_\_\_

**Newsletter** \_\_\_\_\_ **Membership** \_\_\_\_\_ **Clerical** \_\_\_\_\_ **Workshops** \_\_\_\_\_

**Other** \_\_\_\_\_

**Awards/Experience/Comments**

\_\_\_\_\_  
\_\_\_\_\_

**Skills:** Media/Teaching/Computer/Photography/Clerical/Organization/Leadership

\_\_\_\_\_  
\_\_\_\_\_

What are your expectations of APS? How can we best serve our membership?

\_\_\_\_\_  
\_\_\_\_\_

Please include a check made payable to "APS" in the amount of \$25 for membership for one year. You can also pay by Paypal by going to our website.

APS membership year starts September 1st.

Send to: Suzy Hart

122 Broome Lane

Easley, SC 29640

More information: [www.appalachianpastelsociety.org](http://www.appalachianpastelsociety.org)

Or contact Suzy at: [appalachianpastelsociety@gmail.com](mailto:appalachianpastelsociety@gmail.com) 845.986.3653