





Letter from the President—Gary Rupp

Dear Friends and Members of APS:

This September we will be electing new officers for APS and I want to thank all of you for the opportunity I was given to serve this amazing pastel society. In particular, I'm grateful to all of you who have served on the Board during this time. You all are truly the ones who keep the wheels of APS greased and running smoothly. I have the deepest respect and admiration for all the sacrifices you have made with your time and efforts. APS would simply not be what it is now without your help and guidance.



I want to share with you three things I've learned in having had the privilege to serve as President of APS for the past four years. First, I've come to realize in a much deeper sense that this society is your society. It belongs to every member equally. It does not belong to the officers or the Board. It is your society and it functions, survives and grows due to your efforts and participation. Second, every member has something they can contribute. If you hear a voice saying to you "someone else will volunteer" or "I'm sure someone else can do it far better than I could", don't listen to it. Fight that voice and jump in. The results will surprise you. Third, doing art creates a vibrant and caring community...and it's fun! Participating in APS has given me the chance to learn new skills with other artists, experiment with new tools and techniques and celebrate new accomplishments together. And, more importantly, simply doing life together as artists and friends.

Let me close this letter with a quote from Michelangelo –

"The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it."

My hope for APS going forward is that we are never guilty of aiming too low!

Paint wonder, spark joy -



Gary Rupp
APS President

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The APS general meeting is scheduled every second Saturday of the month: January, March, May, July, September, and November, from 10 am - 12 pm

Appalachian Pastel Society

September 14, 2019 Meeting

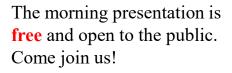
10 a.m. – 12 noon
Grace Community Church
495 Cardinal Road, Mills River, NC 28759
There is no fee to attend the event. [Open to the public]

APS presents— Gary Rupp - "Understanding and Using Color Temperature"

Using color temperature adds depth, volume and interest to your painting. It is also an essential element in creating the much sought after luminosity which pastels can create.

Gary will show how to find a "touchstone" color and then apply it to a complimentary color underpainting. The bottom line is to find joy in the painting process.









ABOUT Gary:

Gary Rupp studied Studio Art and Plein Air painting at Wheaton College, Wheaton, IL. Over ten years ago he started working in pastels, and has been instructed by Terri Ford, Albert Handell, Maggie Price, Doug Dawson and Michael Chesley Johnson. Gary is a Signature Member of APS and is its current President. In April, 2019 he was named an Honorary Member of the Central Florida Pastel Society.

Painting with pastels, Gary is a frequent participant for Invitational Paint Outs in Central FL. He has also conducted workshops in pastel painting for the Albin Polasek Museum in Winter Park, FL and the Central Florida Pastel Society, in Leesburg, FL. Gary teaches an advanced pastel class regularly at the Crealde School of Art in Winter Park, FL.



For more information, visit Gary's website at: www.garyrupp.com

Afternoon Workshop with Gary Rupp

This demonstration and workshop seeks to demystify the use of color temperature and show the artist a straightforward process to use this tool more successfully in their paintings. schemes, choose more interesting compositions, develop a more effective way of telling your "story".

Workshop participants are encouraged to register early to save a place. Registration can be done with PayPal on our webpage: http://www.appalachianpastelsociety.org/



DIRECTIONS TO APS MEETINGS AT GRACE COMMUNITY CHURCH

495 Cardinal Road, Mills River, NC 28759

From I-26, take Exit 40 for the Asheville Airport. Drive 3.3 miles on NC-280W/Airport Rd. passing the Asheville Airport. Turn right on Cardinal Drive, between the Land Rover dealer and Grace Church (up on the hill). Turn left at the top of the drive into the church parking lot.

Go to the far left side of the Church building to the stand-alone classroom building. Refreshments will be served. Bring a friend!

Recap from July Meeting -Laura Pollak

Abstract pastels? What an interesting idea. And most of us had never tried this style of painting. Laura held a full room spellbound as she worked color magic and created an abstract painted based on photos of lava flows.









Continued on page 6

Recap from July Meeting –Laura Pollak











Recap from July Meeting -Laura Pollak



Tips from Laura...

- Use all your resources for inspiration to create lively abstracts.
- Create a rhythm with your strokes. Let some edges lead, and others follow.
- Allow your strokes to add to your creative expression. Mark forward.
 Backward. Then sweep. Very expressive.



Final Painting

- If you put down a bad mark put a better one next to it.
- Paint a broken line of color to add interest, as if you were stitching on your painting. This is also good for drawing branches.
- Consider color temperature for leading and lagging edges.
- Build interest with the addition of angled lines in your painting.

Afternoon Workshop with Laura Pollak

Exercises from the Workshop ...

Light

Medium

Dark



Creating balanced tonal values using 3 colors and lost edges

Color Family gradations



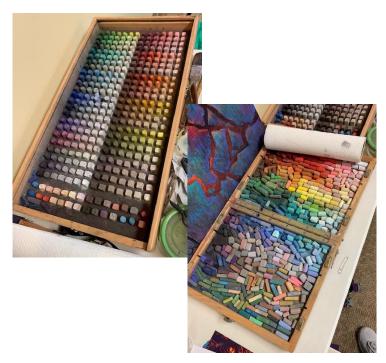


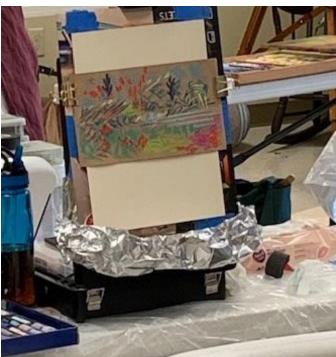
Afternoon Workshop with Laura Pollak

Photos from the Workshop ...









From Pianist to Pastelist – My Artistic Journey - By Lynn Ebanks

I have always been passionate about the arts, and much of my life has been focused on doing something creative. I am a life-long resident of Western North Carolina, and unlike today the Asheville area during the 1960s didn't have a lot to offer in terms of an art education. At a young age I could play the neighbor's piano by ear and everyone insisted that I receive piano lessons. Although I exhibited an aptitude and an interest in drawing as a child, I never had the opportunity to engage in formal art training. I loved drawing, and drew horses and squirrels on everything I could find including the covers of my school books! My only memorable art project was drawing a "Rocket to the Moon" for a school competition and winning second place.





Spirit of Grayson (Graphite)

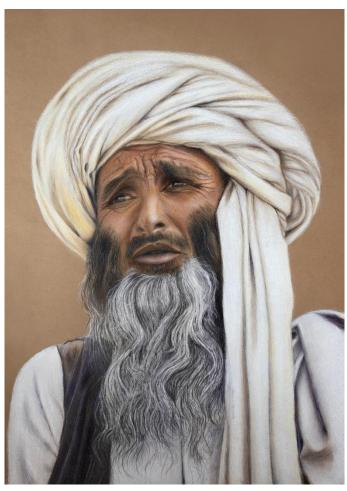
After high school, I reluctantly left Asheville for college, and attended the University of North Carolina at Greensboro School of Music where I earned a Bachelor of Music degree in Piano Performance. After several years of teaching and performing, I developed injuries to my hands because of the long and intense hours of practice. After surgery and struggling with pain I sadly gave up teaching and playing professionally, and spent a number of years working in unfulfilling jobs. After our children were grown, I had the opportunity to reinvent my career. Along the way, I discovered that the computer could be an endless landscape of inventiveness, art, and learning, and I was captivated by it. I returned to school and became a certified Webmaster. I have been working as a website and graphic designer for the past 20 years.

While encouraging my young granddaughter to draw, I started sketching in the evenings and rediscovered my lost childhood passion for drawing. In 2014 at the age of 58, I enrolled in my first art class. I created two large lifelike graphite portraits which were exhibited in emerging artists exhibitions held at The Black Mountain Center for the Arts. I experimented with colored pencil and scratchboard mediums as well. I was very motivated to learn as much as I could, and furthered my studies in an evening class working on drawing from life and oil painting.

After a couple of months of oil painting I began to enjoy it; however, I didn't have a reasonable place to paint at home. And, I really had started to miss the comfort and ease of graphite pencils and drawing.

I had received a box of Rembrandt pastels as a Christmas gift that year and decided to give them a try one evening. I immediately felt at home with them and wanted to become a Pastelist!





Prayer for Peace (Colored Pencil)

Man with Turban - Completed in 2015,

I was captivated by the photo and the man's
face. It is my only colored pencil piece and
it took many hours to complete!

The Heart of Burkina (Graphite)

African Girl - Completed in 2014, presented in a student show at Black Mountain Center for the Arts, It is my first completed piece of artwork! It's really large and hangs in my family room

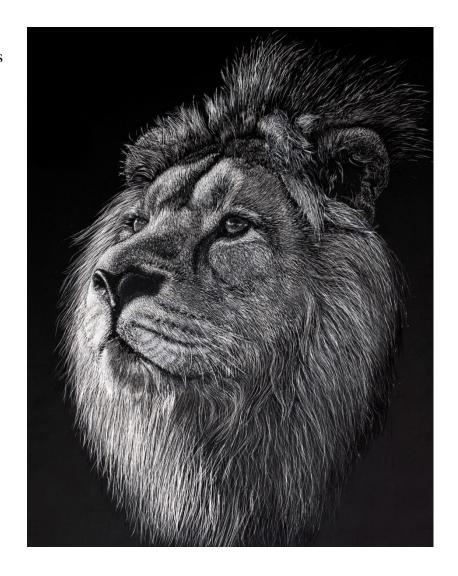
I enrolled in Beverly Kies' class at Blue Ridge Community College for a few weeks and learned the basics. Unfortunately I was unable to continue art classes, as my elderly father was under my care at home and my free time became very limited. The next two years were difficult, seeing my father through two cancers and ultimately losing him in 2017. My Dad was the true inspiration behind my new art journey. He was a gifted artist himself, and could draw amazingly well – even at the age of 92!

I rejoined APS in 2019 with a renewed energy and desire for painting. I set my sights on completing a painting and submitting it to the NC Mountains to Sea show as it gave me a goal to work toward. Much to my surprise, my painting of a lion titled "Chuma of Africa" was juried into the show. It is my first completed painting in pastel beyond what I had been calling "tests."

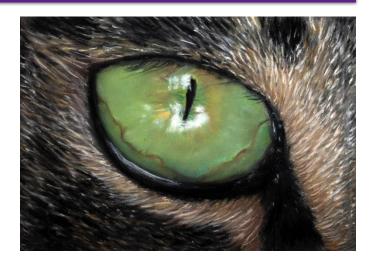
Capturing the "spark of life" and conveying emotions are my favorite ways to present my subjects. While my subject matter varies, I am primarily motivated to draw and paint animals.

I live in Fairview, NC, with my husband Nathan of 32 years. My company - Stratos Digital, Inc.- has been in business since 2001, and I plan to move toward retirement over the next few years. I am looking forward to having more time for painting!

Emerging from the Darkness (Scratchboard)
Lion emerging from darkness,
completed 2017. I like
scratchboard, but it's a very
unforgiving medium!



Cat Eye (Pastel)
Study for painting.
I am learning to draw eyes and fur.



Mute Swan (Pan Pastels and Pastel Pencils) Swan on water - Completed in 2017, this was my first attempt at painting an animal in pastel.



NC Statewide Exhibition and Show Opening



Mountains to the Sea

2019 NC Statewide Pastel Exhibition PEOPLE'S CHOICE AWARD Hickory Museum of Art

The North Carolina 2019 Pastel Exhibition has now closed. All paintings are down and returned to their owners.

The votes were counted for the People's Choice Award., and CONGRATULATIONS go out to APS Member Alec Hall for his painting "JESSE" being selected.

Alec is deeply honored his painting was selected. He felt that this award was special as it meant his painting touched many viewers.

Our deepest thanks go to Lorraine King for her \$200 Award Donation.



Jesse by Alec Hall

"Big Little Paintings"

An Exhibition of the Appalachian Pastel Society at BlackBird Frame & Art, Asheville October 3- 30, 2019

The Appalachian Pastel Society is pleased to present an exhibition of small works, "Big Little Paintings", October 3-30 at BlackBird Frame and Art in Asheville.

Award-winning pastel artists from across the Western Appalachian region are featured in the 2019 non-juried member show, highlighting their talents in an intimate format. Although sizes vary, artists are charged with creating small paintings for the show.

All members, families and collectors are invited to the opening reception, 6:30-8:30 pm, Thursday, October 10 at BlackBird Frame & Art, 365 Merrimon Avenue in north Asheville. Additional parking is available behind the frame studio. Exhibition hours are 10-6 weekdays and 10-3 on Saturday. The majority of pastel entries are for sale.

Benefactor Named

Giving back to the local arts community reflects the mission of APS artists, according to president Gary Rupp of Black Mountain, NC and Winter Park, FL. Open Hearts Art Center of Asheville was selected as the benefactor of the 2019 show.

"BlackBird Frame and Art is once again honored to host the talented members of the Appalachian Pastel Society, regional artists bringing new perspectives and techniques to an ages-old medium," said John Horrocks. BlackBird is an independent gallery and custom frame studio owned by Pat and John Horrocks in north Asheville. Hours are 10-6 weekdays and 10-3 on Saturday.

Appalachian Pastel Society board member, Anne Allen of Hendersonville, and member of excellence Meryl Meyer of Weaverville, co-chair the member show. Julie Babb, Nancy Clausen, Claire Cook, Merrie Datin, Lynn Ebanks, Susan Griffis, Bobbie Kelsten, Jane Voyles, and Alison Webb are contributing their time and talents to present the show.



Cardinals' Home by APS Member of Excellence Zoe Schumaker

"Big Little Paintings"

Pastel is Pure Color

Soft pastel is the most archival of all painting media, explains Anne Allen of Hendersonville, APS board member and co-chair of the show. While using most of the same pigments as paint, soft pastel is a "dry medium" with a much higher concentration of pigment and is therefore closest to pure color of any of the painting media. Pastel can be blended by hand or left with visible strokes and lines. Either way, it is the vibrancy and depth of layered pigment that makes pastels so special to many collectors.

Pastel in fine art originated in the 15th century, with Leonardo da Vinci being among the earliest to employ medium. Many pastel artists trace their roots to 19th century French impressionist Edgar Degas. Other iconic pastel artists include Claude Monet, Mary Cassatt, and James McNeill Whistler. Modern notable pastel artists include Odilon Redon, Fernando Botero, Wolf Kahn and others. The renaissance of pastel painting is fostered by fine arts organizations including The Pastel Society of America and International Association of Pastel Societies.



Agatha and Her Child (1892) by Mary Cassatt

Cassatt often selected pastels as the medium for her depiction of children. The dense, velvet-like surface left by pastel on the paper suggests the fine texture of a baby's skin. In this work, Cassatt also used color to evoke a mood of intimacy. While the painting is not in the show, Mary Cassatt is one of many revered artists in the universe of pastel painting.

The Appalachian Pastel Society was formed in 2006 to promote and elevate the art of pastel painting through education, exhibitions and other events. Centered in Western North Carolina, the organization serves members in the Appalachian region including North and South Carolina, Tennessee, Virginia, and Georgia. Members have received both national and international recognition. APS is a member of the International Association of Pastel Societies (IAPS).

"Big Little Paintings In the Show"



As Shadows Fall by APS Member Terrilynn Dubreuil



Night Pond by APS Member Alison Webb



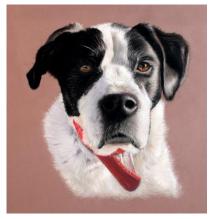
Copper and Grapes by APS Signature Member, Barbara Kitty Williams



Twilight March by APS Juried Member Kathy Amspacher



Flowing by APS Member Hyn Patty



Lilly by APS Member Lynn Ebanks

Dream Big

Bringing the Arts to People with Different Learning Abilities

It was a rainy day on July 23rd in Asheville. Studio "D", at the Open Hearts Center. The air was filled with anticipation for the arrival of Appalachian Pastel Society Members, Cathyann Burgess, Anne Allen, and Meryl Meyer.

The featured expressive arts experience for the day was "Dream Big". Inspired by Franco-Russian Painter Marc Chagall and his painting series of the "Circus". CathyAnn, explained this morning's theme using 2 Chagall Art prints as visuals to inspire the adult program participants. She gave a brief demonstration. Each artist was asked "to imagine their dreams about the circus or other dreams and draw these images in color on large pieces of paper with pre-designed background textures." Trays of soft pastels, oil pastels and pastel pencils, were placed at the center of each table.



During the activity, as observed by Meryl, The Open Hearts artists became more relaxed, interactive, energy levels increased, and their creativity blossomed. Their senses were activated. They talked about their dreams, expressed emotions, and shared their art. Meanwhile Anne, Meryl and Cathyann distributed more papers and helped the artists.





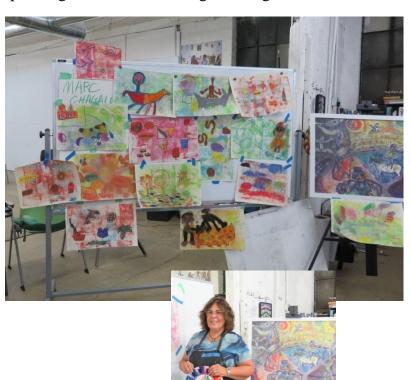


Dream Big

Bringing the Arts to People with Different Learning Abilities

Meryl took note of some of their lively comments: "I love children, flowers and the outdoors". "I like elephants, cotton candy and bears". I love food, ice-cream, diet coke, pizza, and popcorn." An artist shared her daydream about Dolphins, Universal Studios, and Disney world, producing images of pineapples, alligators, and a cruise ship. Another artist recreated Chagall's **Girl Dancing atop a White Horse and a Fiddler** with a yellow violin. From her wheelchair, another Open Hearts artist shared that she always wanted to hold a baby and talked about how she was born prematurely. Her image showed her mom holding her as a baby. This was a very touching moment.

At the end of the session there was a show and tell. All enjoyed seeing each other's paintings on the large white board. They were so proud of their drawings and took time to describe their "Dream" paintings. It was an amazing morning in Studio "D"!







*Special thanks to Sally Williamson and the Open Hearts staff for hosting this rewarding experience. Open Hearts Art Center is a nationally accredited, community-based arts program providing unique opportunities for differently-abled adults to express themselves through the visual and performing arts.

Member of Excellence Meryl Meyer of Weaverville and Board member Anne Allen of Hendersonville are co-chairs of the "Big Little Paintings" 2019 Non-juried Pastel Show hosted by BlackBird Frame & Art. Open Hearts was selected by the board as the benefactor for this upcoming show. A percentage of entry fees will be used by Open Hearts to plan an art show for the adults in their program.

Spoiler Alert: 2020 National Show

Details for the APS-sponsored 2020 National Show have begun to fall into place. We now have a venue, an artist juror/workshop instructor and soon, a workshop location. There is still much to be done to make this show a reality, but the big ones – venue and artist – are now determined.

DATES: Show will hang in gallery from 9/15/20 – 10/24/20 Opening Gala takes place Saturday, 9/19/20

SHOW VENUE:

John M. Crawford, Jr. Art Gallery Asheville School Asheville, NC





ARTIST JUROR & WORKSHOP INSTRUCTOR:

Nancie King Mertz Chicago, IL Masters Circle and Eminent Pastelist, IAPS

Workshop Dates: Tuesday 9/15/20 – Friday 9/18/20





It is great to have the show in Asheville, so more people can attend. Our Juror/Workshop Instructor is a nationally-recognized artist, winning awards for both her urban and natural landscape paintings. Her workshops are sought after, so when it opens for registration, don't wait! We expect the workshop to fill quickly. More details coming soon!

Terrilynn Dubreuil (TravelingArtista) will be exhibiting recent soft pastel paintings in Maine during September. Two works, Seaside Crag and Pemaquid Nocturne, have been juried into the Pastel Society of Maine Annual International Juried Exhibition Pastels Only! Concurrently an extensive 2-artist show will be on display at the Damariscotta River Grill which is well-known for its Art Gallery displays.



Forest Daybreak by Terrilynn Dubreuil



Alison Webb is pleased to announce she will begin showing her work at the Asheville Gallery of Art beginning November 1. Her first works shown will be pastel paintings. Congratulations, Alison!

Be sure to Check out her New web site! Alisonwebbstudio.com

Thanksgiving Day by Alison Webb

APS Member **Ginger Ashcraft** participated in workshops at the IAPS convention in Albuquerque. The workshop instructor was one of her favorites, Jeanne Rosier Smith. Ginger is still deciding on a title of this painting she wanted to share with the membership. Considering "Tropical Movement" or "Wave Action".

Below are some of her observations of IAPS....



Untitled by Ginger Ashecraft

The IAPS 2019 Convention was very exciting. So many of the world renowned artists in attendance! Some of my favorites were Jeanne Rosier Smith, Rita Kirkman (whom I adore!), Albert Handell, Terry Ford, Alain Picard, Richard McKinley, Sally Strand, Marla Bagetta, Liz Haywood Sullivan, and so many more talented artists! Too many to mention them all!

The workshops were inspiring and the different demos were so educational! I only took 3 workshops because they sold out very fast. If you want to go next time make sure you know what you want to take in advance and map it out so you don't try to sign up for 2 different things at the same time. Make sure you are pre registered so that doesn't take up precious time. Be on the computer and ready to go at the exact time it opens up for scheduling!

There were a few dinners and banquets to go to, which were a lot of fun as well. Be sure to bring some nice party wear. Free continental breakfast was available for most of the days but get there early to avoid running out of food!

I suggest getting a rental car and driving around the area. Make sure you have a navigation system! It is easy to get lost and cell phone coverage is spotty at best. I had a great time exploring and taking lots of photos. Walking to downtown Old Albuquerque was beautiful, with many Adobe buildings to photograph and lots of culture to absorb.

I would definitely recommend going to the next IAPS Convention if at all possible! I would advise staying at the host hotel if possible. All of the action takes place there and it's very convenient. I always learn something new and I have a great time! I even actually painted something that I really love this time as well. I have been 3 times now and I will be going again in 2021!

APS Member Nancy Clausen had two paintings recently selected for display.

The first painting – **Heaven's Portal** – was selected by the gallery owner in Greensboro for the Pastel Society of NC Members Show. It will be in Jackson Mayshark's Ambleside Gallery on 528 South Elm Street. The reception will be on September 6th and will hang until the 28th of September.

Storm Watch was juried into the Swannanoa Valley Fine Art League Members Juried Show. It will hang until September 10th.



Heaven's Portal by Nancy Clausen



Storm Watch by Nancy Clausen

APS Member Lynn Eubanks just learned that her painting, "Chuma of Africa" was juried into the online "Pure Color Show."



Chuma of Africa by Lynn Ebanks



Pulling Hard by Alec Hall

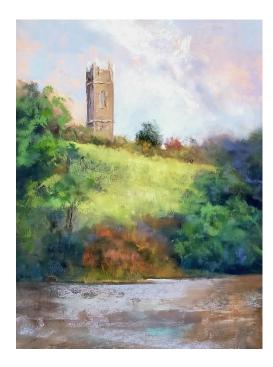
Alec Hall's pastel painting "Pulling Hard" received an Honorable Mention Award in PSNC's 2019 International On-line Juried Show "Pure Color". Deborah LaFogg was the Juror of Selection and Judge of Awards. The juror selected 150 pastels to be included in this exhibition from 853 entries submitted by 243 artists from around the world. The accepted paintings will be on display at www.onlinejuriedshows.com beginning on September 1.

In selecting "Pulling Hard" for this award, Ms LaFogg commented, "I love the fact that this painting shows action and intensity of the subject. The painting is anatomically correct and the lighting is captivating. The way the mane is blowing in the wind is wonderful. Great job!"

APS Participating Member Linda Coulter just returned from Wexford, Ireland where she attended the annual Art in the Open Plein Air Festival. 200 artists from around the world painted in the town of Wexford, and many other areas nearby... Subjects included centuries-old castles and abbeys to beaches and mountains. It was spectacular and exciting to be able to paint things that she had never seen and may never see again. There was so much history in the landscapes.... her favorites were the Wicklow mountains.

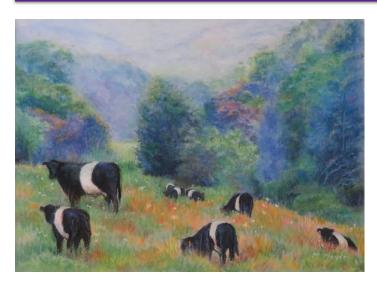












Grazing Galloways by Meryl Meyer

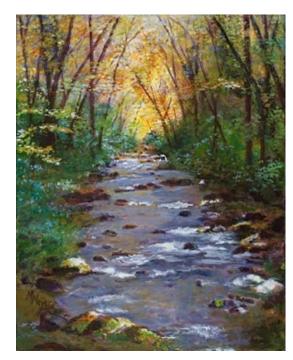


Autumn Opus by Meryl Meyer

APS Member of Excellence Meryl Meyer had three paintings selected for awards or public viewing.

Grazing Galloways won 2nd place in the Swannanoa Valley Fine Arts League 52nd Annual Juried Art Show.

Awards made by juror Sherry Master, founder of Asheville Art Connection. Painting was on display at the Red Hosue Gallery in Black Mountain, NC.



Morning Glow over the Oconoluftee by Meryl Meyer

Meryl's paintings **Autumn Opus** and **Morning Glow Over the Oconaluftee** were both inspired by fall trips to the Cataloochie Valley in the Great Smoky Mountains. Both were selected for the Mission Hospital Cultural Art Project. These will be displayed with other local Asheville artists' paintings, including some of our own members.

They will grace the walls as large canvas gicles in Mission's newly built Medical Research building. The floor they are on will have a water theme. They were printed, stretched and framed by Sally and Randy Frazer of Double Exposure. Meryl highly recommends them for their quality work in capturing, proofing and printing.

The reception will be sometime in the early fall. No official date yet has been established.

Upcoming Classes

PASTEL PAINTING CLASSES with Beverly Kies

Where: Blue Ridge Community College

Enjoy learning the creative powers of pastel. You will learn to translate what you see into what you paint, through palette selection, use of certain materials, picking correct values (colors, composition, plus blending and layering of color. I encourage you to push your limits to achieve exciting pastel painting skills, being creative with your color choices.

9/13-11/15 -Friday - Pastel Painting - 10-1 pm - Transylvania County Campus Call Cecile at 828-883-2520 to register

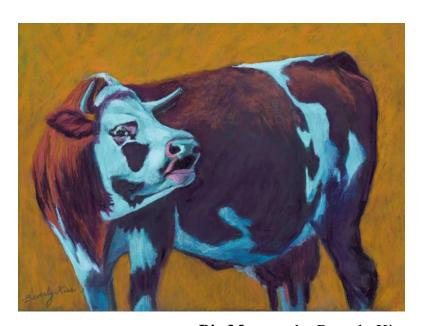
9/16 - 11/18 - Monday - Pastel Painting - 1-4 pm - Henderson City Activities Center Call Paula at 828-694-1700 to register

9/18 - 11/6 - Wednesday - Intermediate Pastel Painting - 1-4 pm - Henderson City Activities Center

Or register online at ewdce@blueridge.edu



Rainy Skies in Venice by Beverly Kies



Big Momma by Beverly Kies

Upcoming Classes

Pastels!! Something Old, Something New, Something You - with Susan Sinyai,

November 9

Class Cost: \$135.00

Saturday, November 9, 10-4

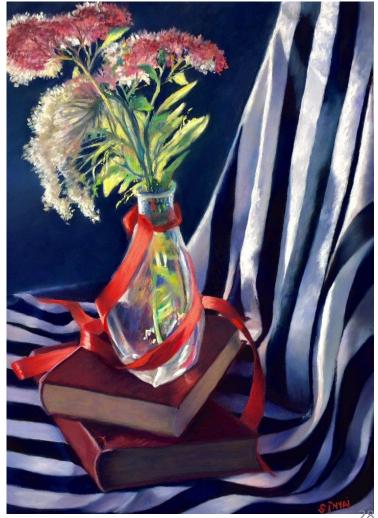
It's all about you! Delve into beautiful pastels, great for beginners and up.. Bring in objects personal and meaningful to you – books, pottery, scarves or other fabric pieces, jewelry, to suggest a few – and arrange in a pleasing composition. And we're off to a beautiful still life pastel painting! A still life painting – the perfect subject for painters at any level, because all the artistic elements can be explored, but more importantly, manipulated by the artist. Let's make it fun – We will be working in a smaller format – 11x14, 12x16, (or 16x20 if you feel so inspired)- so that a piece can be completed. Pastels and paper provided, as well as a few extra props.

All Levels welcomed....Some drawing experience is helpful! TIP: Get some drawing practice in our

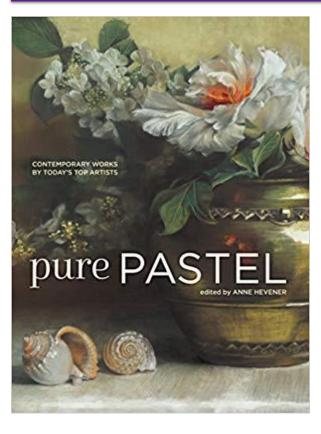
Marvelous Monday classes to get ready!

Link to register online for the class:

https://310art.com/2019-workshops-infine-art/something-old-something-newsomething-you-pastels-with-susansinyai-november-9



From the APS Library



pure PASTEL Contemporary Works by Today's Top Artists

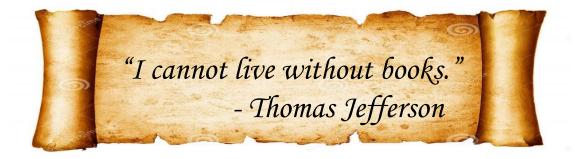
Edited by Anne Hevener

Pastel is a medium like no other: pure color, unrivalled in its immediacy of application, andin the hands of today's most talented artists-capable of astonishing feats of expression. A celebration of the best in contemporary pastel painting, Pure Pastel explores how artists are pushing the medium to new heights of innovation and creativity.

- · Art from 100 of today's most recognizable names in pastel, hand selected and invited to participate by the editor of Pastel Journal.
- · A dynamic range of styles and subjects, including still life, portraits, city scenes, animals, landscapes, abstracts and more.
- Firsthand commentary offers insight into the artists' work--how they use pastel to capture a moment in time, tell a story or evoke emotion.

This visual feast of a book serves up page after page of luminous color, staccato strokes, fresh perspectives and masterful techniques. It's sure to be an enduring source of awe and inspiration for artists and art lovers alike.





From the APS Library

Library Updates from our Society Librarian

Providing our membership with a resourceful and current lending library is the goal of the APS Library Committee. To keep art books and instructional videos in circulation, we ask members to pay a fee of \$5 to borrow most books and DVDs. A few newer releases may have a lending fee of \$10. Lending fees are refunded when media is returned.

Members are asked to return art materials in 60 days and renewing books is always an option. For materials not returned within six months, the lending fee will not be refunded and the funds will be applied to the purchase of new titles. Arrangements to drop-off materials or ship materials at a reduced media/ book rate are encouraged for our members unable to attend a membership meeting to return a book. For additional information on reserving a book, renewing a book and/or arranging to return overdue library books, contact volunteer librarian, annekallen@gmail.com.

Trust the Process: An Artist's Guide to Letting Go

Shaun Mc Niff is an artist and internationally known figure in the creative arts therapies, he is the author of several books, including Trust the Process: An Artist's Guide to Letting Go.

"This engaging book on creative expression in the arts was recommended at workshop exploring Metaphor and Meaning in Art," said Anne Allen, chair of the APS lending library.

One path to uncovering meaning in our art may include the process of gathering and arranging things. Mc Niff speaks to the artist at every stage of development:

Start gathering things. Keep them and arrange them into aesthetic configurations, and you will find that the things will initiate you into the world of design and creative expression.

Stay with the process and it will expand. Every object expresses itself in some way, and we can begin our creative work by simply paying close attention to them.

The author explores many ways of creating, arranging the artist's studio, play and technical mastery, reframing in response to change, practice and repetition, and expressing a sense of wonder.

While the book is not available in the APS lending library it is available at retail and on line outlets. Shambhala Publications, Inc. is the publisher.

Anne Allen, APS Lending Library

APS Calendar

Future Meeting Schedules

Mark your calendars for the upcoming meetings and workshops. All planned guest artists have unique skills to share with you. Check their websites for further information. Workshop registration dates will be announced as they become available. Don't miss out!





MARCH

November 9, 2019 **Your Framing Questions Answered!**Demo and Vendor Fair

Learn how to best present your artwork in this informative framing discussion. January 11, 2020 **TBD**Demo and Workshop

Still in planning stages, but guaranteed to be fun and helpful!

March 14, 2020 **Polish Your Drawing Skills**Demo and Workshop

Susan Griffis will present key factors of drawing to help make your paintings better.

Your Own Webpage for only \$30

Did you know that as an APS member, you can have your own webpage on the APS Website?

For only \$30 (one-time charge...no yearly fee), you can have a page that will link from your name in the Membership List. If you already have your own website, we can put a link on this page that will direct people to your website.

Updates to this page can be made for \$15...but otherwise there is no additional charge.

For details...and to see pages already in place, go to the APS website (www.appalachianpastelsociety.org), and click on the "Member Directory and Gallery" tab at the top of any page.

Information about how to have your own page is above the membership list.

If you have questions, contact the APS Webmaster...

Kay Gordon, APS Webmaster, kgordon@main.nc.us, 828.206.0240

APS Officers and Board Members

OFFICERS:

President: Gary Rupp, garyruppart@gmail.com

Vice President: Will Evans, pineconelodge@gmail.com

Secretary: Michelle Breen, michellemichelle831@gmail.com

Treasurer: Alec Hall, alechall801@gmail.com

Immediate Past President: Sparky Nelson, sparkynelsonpaints@gmail.com

BOARD OF DIRECTORS:

2020 APS National Show: Susan Griffis, griffis.susan@gmail.com

Ad Hoc Board Member: Zoe Schumaker, zoe schumaker@yahoo.com

Membership: Susan Voorhees, susancvoorhees@gmail.com

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Carol Crotty smilesinnottphoto@yahoo.com

Paint Outs: Gary Rupp, garyruppart@gmail.com

Nancy Clausen, nancy@clauseninstrument.com

Library: Anne Allen, annekallen@gmail.com

Newsletter: Susan Griffis, griffis.susan@gmail.com

Social Media: Chris Robinson, harpnhu@charter.net

Website: Kay Gordon, kgordon@main.nc.us

Appalachian Pastel Society Membership Application

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Name				
Address				
City		State	7	Հip
Telephone		Alt Telephor	1e	
E-Mail		Website		
Renewing Member N	New Member	Artist	Art Supporter	·
Committee Interests (How yo Exhibitions Programs _ Membership Clerical _	Hospitality			
Awards/Experience/Comme				
Skills: (Media/Teaching/Comp	outer/Photography/C	Clerical/Organizat	ion/Leadership/o	other)
What are your expectations	of APS? (How can	we best serve our	membership?)	
How did you learn about AP			APS Website	Facebook
Meetup Friend C	Other			
Please include a check made p also submit a digital form and If you don't submit a digital for	pay with PayPal or	credit card on our	website, www.a	
[APS membership year starts	January 1 st .]			

More information: contact Bobbie at: appalachianpastelsociety@gmail.com (828) 274-3578

Send to: Bobbie Kelsten, Membership Chair, 10 Flaxen Ln., Asheville, NC 28803