





"How Do You Get to Carnegie Hall?"- Letter from the President

Dear Members and Friends of APS:

I hope this finds you and yours well, hopeful and painting.

In a recent post from Eric Rhoads (Streamline Publishing, Inc.), he posed the question which made me think. He said "I find it fascinating that we think brain surgeons, lawyers, and professionals of all kinds need years of training, yet for some reason, we think artists are born with talent". He begs the question that we need training, exposure to art, workshops, and our fellow artists.



The art learning culture goes back in history - with ateliers and apprenticeships - where young children would be pledged to the "master" to work from the ground up until they earned a chance to work on their own. Da Vinci and Michelangelo did this .... So we are in good company!

The Appalachian Pastel Society, its outstanding Board, committees and volunteers have, for the last 5 months, stepped up to offer programs, challenges, and a newsletter which have been enthusiastically received. A bonus has been the involvement for our out-of-area members who have participated virtually by submitting pastels in both the Paint-ins and Adventure programs.

For this President's Letter, I have dedicated it to all of our friends and members to remind us that there is but one way to move forward. In the last several years I've watched certain YouTube artists get better and better as they paint, teach and mentor.

I'm reminded of a quote from Andrew Wyeth:

"Ever since I was about nine, there hasn't been a day I haven't painted. I've painted my life right through."

So to complete the riddle, "How do you get to Carnegie Hall?", the answer is simply .....

#### Practice, Practice, and more Practice!

Be safe, be well, and make some dust.



Will Evans APS President

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#### **Appalachian Pastel Society**

The September Meeting Goes Virtual with a Special Online Event!

APS Members ONLY!

Make sure your dues are paid as you won't want to miss this special online event!

## **APS Presents – Jen Evenhus**Online LIVE Demo

Saturday, September 12<sup>th</sup>
At 10:30 am EDT
A 90-minute ZOOM demo –
"Sassy Sunflowers"

Open (FREE) to <u>current APS members</u>. Jen will focus on color groups and negative painting and of course, "The Beauty of Imperfection". We will have the opportunity to ask questions via a chat box.







Participants will need to have adequate equipment and tech abilities to work within the ZOOM Platform in order to participate in the class. Be sure to check your equipment before the ZOOM session.

#### About Jen Evenhus

Jennifer "Jen" Evenhus discovers magic in her subjects with simplification and exaggeration, using her trademark style "the beauty of imperfection," revealing the soul of the subject with a unique, bold sense of color and design. Her work is contemporary with abstract leanings. She creates in both pastel and oils.

Jen is a popular national workshop instructor, giving "The Beauty of Imperfection" pastel workshops. She has been published in magazines such as The Pastel Journal, American Artist, Pratique des Arts French Magazine, PSWC Magazine and PSA Pastel-agram. Jen's award-winning work has been included in many National and International Juried Exhibits.

Jen is a Pastel Society of America Master Pastellist, International Association of Pastel Societies Master Circle Member, Northwest Pastel Society Distinguished Pastellist, and Pastel Society of the West Coast Signature Member. Jen is also a member of the American Impressionist Society. View recent work on her website www.jenevenhus.com.



#### "Using Color Groups to Energize the Landscape"

Online LIVE ZOOM Workshop - 1:30 - 4:30 pm EDT



Jen will focus on composition and "Using Color Groups to Energize the Landscape" with a demo and several timed exercises for students.

Workshop is full. The waitlist and materials list can be found on the APS web site at this link:

http://www.appalachianpastelsociety.org
/?page id=7467

Workshop attendees will receive a separate link to the afternoon ZOOM workshop session.

You must be a member of APS to participate



More details... http://www.appalachianpastelsociety.org/

## APS Adventures in Pastel Adventure Four: "Color to the 4th Power"

Welcome! Our fourth APS Pastel Adventure is "Color to the 4th Power" which will allow us to explore the language of color. Color has been called an emotional language that simply cannot be put into words, instead, it must be experienced. In this adventure, we will let the colors flow and explore just how loudly color can speak to us and to our viewers. HERE'S THE CHALLENGE:

Step 1: Select an object, a scene or a still life that you want to paint four times. This could be a donut, a shoe, an ice cream cone, a landscape, a portrait of your pet, etc. The options are limitless, but pick something that holds your interest.

Step 2: Divide your painting surface into four equal squares. These squares can be of any size you like as long as they are all equal.

Step 3: Each square will have the same object, but you will paint each square with different hues. The color choices are up to you. Think Andy Warhol and the "Campbell Soup Cans". Same object but each in different hues. See the illustration attached as an example using a cupcake as the object.

Step 4: As you paint, consider how the hues you employ change the emotional impact of the object. Please feel free to share your observations when you send in your photo. And yes, black, white and grays are all considered colors and definitely convey an emotional impact all their own.

Step 5: : On your mark; get set; PAINT!

Challenge #1 – May 22 – 33 participants!

Challenge #2 - June 17 - 30 participants!

Challenge #3 – July 15 – 32 participants!

Challenge #4 - August 19 - 31 participants!

The web show is now posted to the APS web site. The Link is:

http://www.appalachianpastelsociety.org/wp-content/uploads/2020/08/AdventuresInPastel FOUR WEB-SHOW.pdf

Adventure FIVE will be revealed on September 16th at 9 am!

Visit this link to see ALL the Challenge Web Shows!

http://www.appalachianpastelsociety.org/?page\_id=7022



Gary Rupp, Now it's a Party 12 x 12 paster

# Paintings from the Adventure Four Web Show

Kathy Hawk, Kingsport, TN

Technicolor Landscapes each is 6 3/4 x 10

Thank you for doing all the work involved in this project!



Ginny Hotze, Asheville



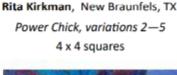
I really wanted orange to be my favorite but loved yellow and enjoyed the black one.

Linda Medders-Jackson, Cross, SC

Sweet III bunny in the antique store.

\$19.95 8.5 x 9.5







I decided to use different papers to help with the color variances. I hope that's ok. (I probably won't win the pastels anyway since I missed the last two challenges. But I just loved this month's challenge!) I did dark, light, cool and warm for my variations. The dark is on the MingART pastel paper medium gray. The light is on the old Wallis (or maybe UART). The cool is on Pastelmat. The warm is on the old Sennelier LaCarte.

Rita shared a speed-painting video of her doing these four chicks. Use the link below to view ... Enjoy!

https://youtu.be/Mbf82hXbrP8

Visit this link for her thoughts on framing the chicks. https://www.youtube.com/watch?v=H31LiVEyH6M

## Special Digital Show of Challenge 3 "Master-Pieces"



#### Kathy Amspacher, Hendersonville

Why Toulouse? His color and graphic style! I am currently trying to overcome my old school approach to color. Loved those tonalists for so long and they were so ethereal. Now I want to try some sharp edges!! Also admire Toulouse Lautrec's ability to characterize people. I think he had to have an ability to laugh at himself in order to catch other's quirky features with so much fun!

Jane Avril Up Close and Personal . 19 x 13  $\frac{1}{4}$ 

APS Member Christine Robinson created a beautiful digital slide show featuring the painting submissions to Challenge 3, Master-Pieces. She presented the Masterpiece painting, the "Piece" by each submitting artist, plus all the notes describing the inspiration leading to selecting their favorite master work.

This project took an amazing amount of time. Please do visit our Facebook page to view the entire show. The link below takes you to the show. It's a terrific way to relax and enjoy the art of your fellow APS members!

Music: *Prairie Win∂*, Kevin Costley Performed by Sawyer Bear Whitemiller Recorded at St. Hillary's Episcopal Church

Much appreciation to all who participated and shared their paintings and their comments! Interesting how our choices of Masters in this exercise are reflected in our own styles.

> For information about Appalachian Pastel Society go to: www.appalachianpastelsociety.org To join in the fun click on Join APS.

https://www.facebook.com/155780574456417/posts/3525889554112152/?vh=e& extid=Xf4No61asvsrdFbE&d=n

#### Pastels Around the World

#### Guest Artist: Rubén Belloso Adorna – Pastel Artist from Seville, Spain



Very careful rendering ....

Spanish Artist Rubén Belloso Adorna was born in Seville in 1986. He holds a degree in Fine Arts from the University of Seville. Her received the Prize for the best record Faculty of Fine Arts in Seville, 2010. He has participated in numerous group exhibitions, both nationally and internationally. He has had solo exhibitions in galleries throughout Spain, Italy and Portugal. He has received numerous awards, among them the 2nd Prize **Gruas Lozano** in 2009 and the 1st Award **Juan Robles** Youth Values Culture in 2010. His work has appeared in numerous media, including newspapers, radio and TV. He is becoming well-known for his large-scale hyper-realistic portraits in pastel.

He feels pastel is an incomparable material. Pastel combines a speed of execution with a color quality and brightness that is difficult to match. It also allows him to work with his hands in direct contact with the material, without intermediaries.

## Pastels Around the World

#### Guest Artist: Rubén Belloso Adorna – Pastel Artist from Seville, Spain



Larger than life ....

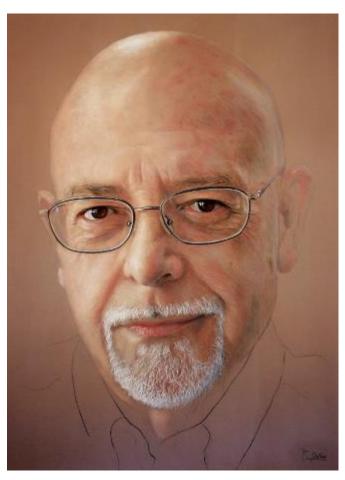
## Pastels Around the World

#### Guest Artist: Rubén Belloso Adorna – Pastel Artist from Seville, Spain





A master at capturing his subject's likeness ....



The face is realistically rendered, yet portrays the clothing as only a line drawing.

Look closely to see the textured ground in this painting.

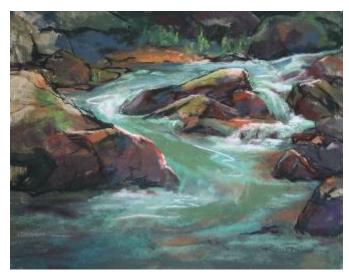


**The Boxer** by Robbins Richardson My "Self" Portrait!

## Creativity, Surviving and Thriving By Robbins Richardson

I am a psychology major, with a Bachelor's degree as a registered nurse, and a Master's degree in community health nursing and as a family nurse practitioner. And, by right of being part of the animal kingdom, I am an artist and creative being. More and more I am believing that the essence of creativity is in an animal's DNA. I would like to propose that all animals are artists and have the need to create. It is a large part of our survival, if not our tool for survival in itself. There are so many examples in nature that I am sure that you can think of - and now so much more that scientists are discovering with new technologies.

Just take a look at a video sent to me from our own Jim Hefley that he saw from BBC Earth about a little Japanese puffer fish. The link to this is below the image. It is phenomenal. Please take a moment to watch it. You will *so smile*. That little fish has me beat by far as to his artistry- and mathematical abilities. Let's not look further.



**Mountain Stream** by Robbins Richardson



https://www.youtube.com/watch?v=VQr8xDk UaY

Creativity is needed whether to entrap food, entice a mate, or, for me, to provide emotional and mental stimulation to give healing, joy, and the ability to thrive. I have used it to help work through both past and present hurts, fears and anxieties, whether it is by throwing paint on a canvas, sculpting facial emotions, building rock walls and paths with native plants, seeing a new yard as a blank canvas to add or rearrange plants whether 6 inches to the left or 20 feet up and to the right, engaging in the Zen of turning wood and building furniture, turning a pot, layering paint or dripping it down a page or grooving on the richness and the intensity of the pastel sticks. It all has served as physical and mental creative releases - a means of survival. Some subjects that I work on can make me laugh when at my table or easel. And - when I am in a spin with life - it can just quiet my soul.

So often - or maybe always - our work is an extension or expression of our own selves. When I made "The Boxer", I looked at it and could not understand its connection to me. I had made Sam the Shyster, Arnie the Priest to give forgiveness (because I needed it), and on and on - but, The Boxer? I put it on my studio wall and left it until one day in passing it after confronting my second round of cancer, I saw *me* in it. I exclaimed, "That's me!"

A little rearranged, but still here. Surviving and thriving. And so very grateful.

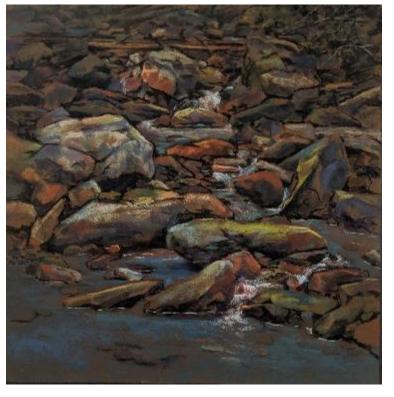
For a number of years I worked as a watercolor painter, having been exposed to this through my uncle, Guy Lipscomb. He was a chemist and businessman who began painting at the age of 55. He found his passion with this medium and accomplished signature membership in the American Watercolor Society. He was prolific with his work and competitive. He was a great mentor and very encouraging to me.



Brother and Sister by Robbins Richardson



**Georgia's Bear** by Robbins Richardson



**Monkey Bottoms - Montreat** by Robbins Richardson



Whiskers by Robbins Richardson



Nested by Robbins Richardson

When my wife and I had kids, I quickly discovered that the way that I worked with watercolors on a vertical board using a blow dryer with a push/pull intensity did not work with having to stop my process to attend to kids. At that time, my cousin, Libba Tracy, a notable ceramic artist, was taking a pastel workshop down at our Asheville Art Museum under Karen Chambers. Neither of us had been exposed to this medium. It was a two day workshop – and one had already occurred. Libba told me that whatever I had planned for that second day, to cancel it and come. Working with pastels was so surprisingly exciting and Karen's teachings were so contagious. Best of all, the pastels were quick and easy to wash off my hands. The switch was made.



**Look at Them Feet!** by Robbins Richardson



Matthew and Charlotte by Robbins Richardson

Doing portraiture and figure work has always been "the lean" with my work. It probably tangles all in there with the psychology and nursing. I have a soft spot for four legged animals, and chickens can just make me laugh. A true love for me is to go down to one of our mountain streams, such as in Bat Cave or Montreat and spend the day in a stream painting and absorbing both the visual and auditory surroundings of the area.

I encourage each of you who have taken the time to read this (Notice - I did not include writing as one of my creative releases) to do what makes your heart sing.

Create with joy.
Create with passion,
For your existence - for your survival.
And ... To thrive.

I cannot think of better times to have this as our tool.

Robbins Richardson



Zach by Robbins Richardson



**Jesse and Bliss** by Robbins Richardson

## The Passing of A Master Pastel Artist



Elizabeth in plein air.



**Ascension** by Elizabeth Mowry

#### Elizabeth Mowry PSA-MP, HFH 1940 - 2020

The pastel world recently lost one of its great instructors, and APS is particularly sad as Elizabeth Mowry made a great impression on many of its members.

Elizabeth Mowry was a Master Pastellist in the Pastel Society of America, and a Distinguished Pastellist in the Pastel Society of the West Coast on whose Board of Advisors she served. Elizabeth is listed in Who's Who in American Art. She was an instructor for fifteen years at the prestigious Woodstock School of Art in New York. She was a member of the Board of Advisors of the International Association of Pastel Societies, and was frequently invited to jury national and international exhibitions.

Over the past twenty years, Elizabeth has been the recipient of more than forty major landscape awards in national and international exhibitions. Her paintings have been exhibited in venues such as The Butler Institute of American Art, Hermitage Museum, The National Academy of Art For the Parks, Lauren Rogers Museum of Art, The Salmagundi Club, NYC and American Artists Professional League.

She lives on in her books and paintings, and her kind soul will be greatly missed.



October Afternoon by Elizabeth Mowry

## The Passing of A Beloved Member





Little Palm Island by Bette Coningsby

#### Bette Coningsby 1937 -2020

Our APS member, Bette Coningsby, passed away recently at her home in Florida, surrounded by her family.

Bette was a long time member of APS, and a seasonal resident of Lake Toxaway. She was the founder of the Lake Toxaway Art Guild and President of that organization for many years.

Painting was always her passion She participated in numerous workshops, competitions, and was always reading about artists or researching ideas to paint. One of her gifts was to teach art and to pass on her passion to others. She taught art for the past 35 years to adults and children, in Fort Lauderdale Florida as well as Lake Toxaway, North Carolina. While in Lake Toxaway, she founded the Lake Toxaway Art Guild to help others become involved in painting.

She was inspired by her artist grandmother as a child. She started art lessons at a young age and won her first juried award at 12. As a teen growing up in New York City she spent Saturdays at the New York Art Students League and enjoyed visiting New York City museums. She earned an AA degree from Centenary College majoring in painting and commercial art and was employed as a graphic designer. After her 5 children were in school she earned a Bachelor of Fine Art with a teaching certificate from Florida Atlantic University. Bette explored all mediums but decided to work and teach exclusively in oils and pastels.



She has received considerable recognition for her work, including being juried often in APS and North Carolina Statewide shows. She was affiliated with several art societies, including APS, the Delray Art League and the Southeastern Pastel Society.

She will be greatly missed. Our deepest sympathy goes to her family and close friends.

## The Master of Monumental Art



#### Christo Vladimirov Javacheff 1935 –2020

Artist Christo Vladimirov Javacheff, who was known for creating monumental works of art that played off of their environment in cities around the world, died recently at his home in New York City. He was 84 years old.

Christo, as he was known, along with his wife and artistic partner, Jeanne-Claude Denat de Guillebon, liked to wrap things up. In 1985, they wrapped the Pont Neuf bridge in Paris with fabric, and a decade later, they wrapped the Reichstag in Berlin with an aluminum-looking fabric. Together, they completed more than 20 projects, including a 2005 piece in which they mounted 7,503 orange fabric panels in New York City's Central Park for one of their most famous installations, The Gates.

Christo and Jeanne-Claude's final project hasn't been finished — L'Arc de Triomphe, Wrapped, is still on track for fall 2021. Starting in July, a major exhibit of their work is scheduled to be on view at the Centre Pompidou in Paris.

Christo was born in Bulgaria in 1935, and he studied at the National Academy of Arts in Sofia. In 1956, he moved to various European cities, ending up in Paris in 1958, where he met Jeanne-Claude.



The couple moved to New York City in 1964, where Christo lived most of his life. Together, they have a son, Cyril, born in 1960.

"Christo lived his life to the fullest, not only dreaming up what seemed impossible but realizing it," according to his office. "Christo and Jeanne-Claude's artwork brought people together in shared experiences across the globe, and their work lives on in our hearts and memories."

#### APS August Plein Air Paint-out in Your Backyard

COVID-19 restrictions are still keeping people at home, but that did not stop APS's August 8<sup>th</sup> plein air event! Instead of painting out, a number of APS members painted IN. In their backyard ... or home ... or studio! And APS Web Master Kay Gordon created another beautiful online show of all the work created that day. Seventeen people took part in the day, even though it was HOT!. A few paintings from the event are shown below. Please visit the APS Web site to see all the final images for that day. The link is:

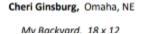
http://www.appalachianpastelsociety.org/wp-content/uploads/2020/08/APS August2020 PleinAirWebShow-1.pdf

Cindy Lidd, Asheville

Hibiscus, 11 1/2 x 9



My piece is entitled "Hibiscus" and it is  $9" \times 11 \frac{1}{2}$ ". It was another warm day, but no rain. Hope you had a good day! Thanks.





Enjoyed taking part in the virtual paintout. Cleaning up after storm damage today before it got too dark out, and time got away from me; forgetting about the time difference. But thanks for the project. Had fun.



Jan Boland, Southport, NC

My Garden Shed, 8 x 6

My Garden Shed – my plein air painting from my yard. It's done on black la carte sanded paper with a mixture of hard and soft pastels.



#### **International Juried Exhibition of Pastel Paintings**

September 1, 2020 – September 30, 2020 Juror of Selection and Judge of Awards: Christine Ivers- PSA-MP, IAPS/MC, CPS, PSWC

Link to Show: <a href="https://www.onlinejuriedshows.com/preDefault.aspx">https://www.onlinejuriedshows.com/preDefault.aspx</a>
This show is housed on the website of Online Juried Shows. You will need to create a log-in to see the show. Artist accounts are free. Be sure to visit!

858 paintings were submitted. 160 were juried in. APS Members accepted into the show are shown on this and following pages. Congratulations to all!

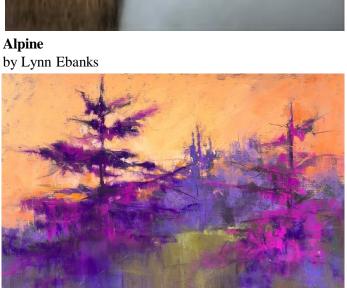


Carolina Parakeets by Judith Harron



Storms End by Nancy Clausen





CaVa by Terrilynn Dubreuil



Brothers Three by Alec Hall



**Sheppard's Point Pond** by Diana Coidan





X O by Rita Kirkman



**Morning Colors** by Fred Fielding



**Escape in Harlem** by Nancie King Mertz



OURE GOLOR

**This Day Belongs to Me** by Betsy Cook



**American Abundance** by Barbara Kitty Williams



Here, Fishy, Fishy by Joy Rademacher

## Get Out of Your Rut and Into a Groove



#### Get Out of Your Rut and Into A Groove

Article by Laura Pollak

"You're in a rut. You're stuck and nothing is working on the easel."

I wrote those words last year, well before a Global Pandemic. I never published it for unknown reasons. Now they seem more relevant than ever! COVID-19 has stopped us in our tracks, separated us from loved ones and even kept us from the grocery store. That tension certainly keeps us away from our easel and inner creativity. That said we need to find our way out of this rut and back to our groove ...so here goes!

Well, life happens! Things get in the way! Kids get sick and Parents need our help. Months can go by without even getting near our studios! And the longer the time away, the scarier it gets to pick up that pastel stick or paintbrush!

Then the inner dialogue begins! What a mean little devil that Negative Nancy can be!!!! Be nice to yourself.

So here are some things that have worked for me to get going again.

First off as corny as it sounds, physical exercise 'opens my channels'. Bicycle riding, yoga, walking. It gets rid of my bad energy and lets happy and productive thoughts seep in.

Of course meditation to get yourself grounded and relaxed is another healthy direction.



Green Apple by Laura Pollak

When you're ready to get in front of the easel, try this simple exercise:

Pick an artist that you love. Whether it's representational or abstract... just look at their work and have an inner dialogue and decide why you like it. Then take scraps of paper; whether it's your beloved sanded paper, or even brown craft paper. [You can always use little pieces of paper or paintings that failed and you've wiped down leaving a ghosted image]. Pick up some pastels that have a palette of the person's work you admire and consciously try NOT TO MAKE A PAINTING!!!! Try NOT TO COPY THE PAINTING. Just experiment with marks colors and shapes.

### Get Out of Your Rut and Into a Groove

Take the pressure away, these will never see the light of day. You are trying to find a new palette of colors that play together nicely. Then look at your values; lights and darks and your warms and cools. Try colors you would never reach for and marvel at the interactions!

Remember that a Concert Pianist doesn't step out on stage without doing their 'scales', warmups and daily practice. These will be your exercises. I even took a workshop with a wonderful artist who before starting a painting closed his eyes in front of the class, took several deep breaths and then started painting. We need to get our brains in the right place!

Have you ever noticed when you're painting that your stomach goes up in a knot! Be aware of that and make sure you relax and breathe! It's ONLY PAPER!

Well, last month, I went into a panic. Why? Because all the 'Shows' have their entry dates coming up and I had NOTHING to enter. I hadn't painted in weeks! Is it smart to paint for shows? I cannot think of anything worse!!!! What crazy pressure!! But then again... there is also nothing more motivating. So, all of January I painted all day everyday. I came up with a lot of junk! Or, like a very kind friend said; They're not ready for 'Prime Time'. 27 paintings in even fewer days. Just like fashion photographers... I took a lot of shots hoping somewhere in there would be something worthwhile.

Out of all that work came about 5 paintings that were 'worthy' of entering. Every night, I was dreaming about what I'd do next, different ideas, unique palettes, how I might underpaint... you get it. I was on a roll. To the point where I could produce 2 paintings a day! In the GROOVE!

With teaching workshops and gallery exhibits, I'm torn away from my easel yet again! I have to start my practice of NOT MAKING PAINTINGS all over again.

Climbing out of a RUT can seem impossible, but I can assure you that if you try to just Warm Up, Breathe, Remember your Warms and Cools, Lights and Darks, you'll get out of your Rut and into the GROOVE in NO TIME!!!



### Special Announcement Regarding Workshops

APS is offering a new feature for our members who teach. We will no longer put such announcements in the newsletter, but instead, will host them on the APS web site. We believe this will work better as they will always be visible on the web site, instead of buried in your email or tucked within the pages of a newsletter. And which issue was it put in? Now, they will be easily accessible. This should be helpful to both members and instructors.

Instead, the newsletter will have a section in each issue with the notice shown below. That way, anyone who wants to announce a workshop, can do so directly via a form (see the link below entitled THIS FORM) which will place the information on the web site. And Members can link directly from the newsletter to the pages where all available workshops are posted.

#### Workshop Listing - Taught by APS Members

A listing of classes and workshops that are taught by APS members is NOW available on the APS website. The direct link to that page is:

http://www.appalachianpastelsociety.org/wp-content/uploads/2020/08/WebsiteDisplayPage.pdf

IF you are a current member who offers instruction, you may submit information for a Workshop Listing by using THIS FORM.

[APS WILL NO LONGER put Member-taught Classes or Workshops in the Newsletter or Special Mailings.]



Learn more at this link:

The North Carolina Arts Council has established the Artist Support Grant (ASG) as a one-year regional grant program to support individual artists during and following the COVID-19 pandemic. The program will fund professional and artistic development for emerging or established artists to create work, improve their business operations, or bring their work to new audiences.

Artist Support Grants will be distributed to eligible applicants by <u>Haywood County Arts Council</u> in the following counties: Buncombe, Haywood, Henderson, Polk, Rutherford, and Transylvania.

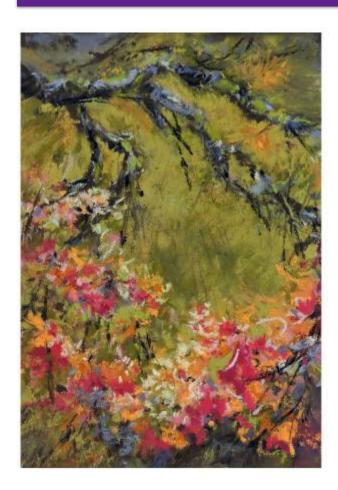
https://ashevillearts.com/services-for-creatives/grants/





Share your artworks and tell about some aha! learning experiences.

Looking forward to seeing all you are doing!!



In Asian art, peace and serenity are symbols paired with the Japanese maple tree. Horizontal branches shelter sunlit layers of foliage in both spring and fall. This pastel is from an breathtaking afternoon in Portland Japanese Gardens, Oregon. Anne's goal was to capture "breathing room" between the branches and the tree's foliage. She is participating in a intensive weekly online workshop, complete with critique sessions.

**Kito** by Anne Allen 7x5, pastel on UArt surface

Kathy Amspacher is experiencing a surge in painting related to pandemic isolation and after taking in the APS Karen Margulis workshop online. She says she is starting to enjoy learning again. (It helps that she has to sit still!)

She says, "My aha! moment was putting color into my shadows. I never really had a handle on painting shadows. A tidbit quote Karen passed along from another artist: "Don't torture a painting after it's already confessed" or words to that effect. I really wanted to torture this painting some more, but counted to 10 and walked away.

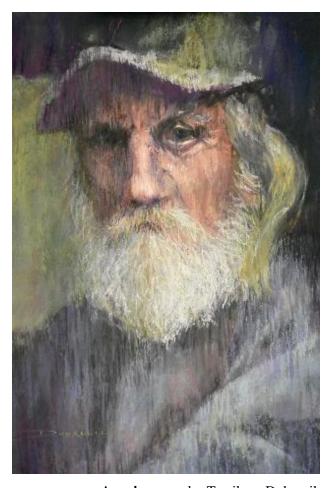


Waterfalls 3 by Kathy Amspacher

APS Member **Terrilynn Dubreuil** is traveling between NC and Maine, with all her gear to produce educational videos. She has joined an artist group who supports each other as they learn to cope with COVID isolation by going online for their classes.

Terrilynn is pleased to announce she has been juried into PSA as an Associate Member. Congratulations, Terrilynn!

Her message to all of us is this: Don't become discouraged and just keep painting!



**Acquiescence** by Terrilynn Dubreuil



Nancy King Mertz had her painting **Grand Vie**w selected as the Third Place overall winner for the July Plein Air Salon, sponsored by Streamline Publications. Nancie will be our workshop instructor for the 2021 National Show (rescheduled from 2020).

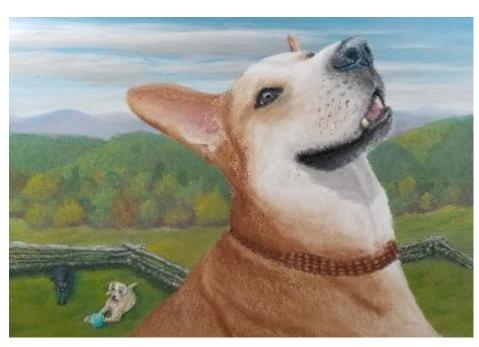
Congratulations, Nancie!

**Grand View** by Nancie King Mertz



Ellie by Don Osterberg 18 x 24, soft pastel on Uart 500 paper

APS Member **Don Osterberg** has kept busy during COVID isolation periods by taking on commissioned pet portraits.



**Levon** by Don Osterberg 18 x 24, soft pastel on Uart 500 paper

Ron Shepard, our APS Member in Gastonia, NC, had been approached by a couple of people to tutor them one-on-one during this pandemic time, all the while keeping a social distance and wearing masks.

They met for 2 hours; and he painted the demo with instruction, and they followed along, asking questions as needed. He said, "I explain sometimes on their papers, while they take a step back, or I do a demo on my paper that is more emphatic so they get it.:

Shown is his demo and the two students' renderings. They were both surprised to have finished this 9x12 piece within an hour and a quarter. They are relatively new to the pastel process, so he is rather pleased with their outcome.



Shoreline by Ronald Shepard

We are looking forward to meeting you in person, Ron!



Shoreline by Susan (Student)



Shoreline by Wallie (Student)



APS Member **Rita Kirkman's** painting "Connection Timed Out" (16x30) won the Jack Richeson & Co Award at the Pastel Painters Society of Cape Cod For Pastels Only 2020 exhibition.



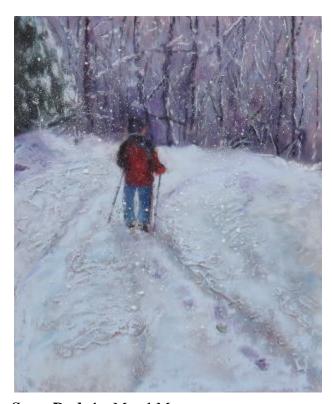
Connection Timed Out by Rita Kirkman



Betty the Beagle by Patti Rank

APS Member **Patti Rank** has retired, and is now able to paint each day. She is excited to share her newest addition to the family.

Patti volunteers at the local human society and started to foster a wonderful beagle mix young girl. She decided to keep her in her family and painted this portrait of Betty the Beagle.



Snow Dude by Meryl Meyer



Taking a Snooze on Lily Pads by Meryl Meyer Illustrations for her upcoming children's book.

APS Member **Meryl Meyer** has been extremely busy, she writes, saying:

"It has been quite an interesting journey during these months of quarantine. I am sure for all of us. To quote my beloved hero John Lewis I have been making "Good Trouble." I created a fund raiser for COVID-19 which is posted on my website and was able to raise money for Manna Food Bank by selling 5 paintings. They all found loving homes. CathyAnn Burgess was my inspiration to do this.

I used online study to learn how to incorporate people into my paintings. Attached are paintings where I made this work and am pleased with the results.

I am also self-publishing a children's book and have been painting illustrations. What a joy! It is actually going to be published. Yay! I am attaching a little preview image. I have much to be grateful for. I miss you all and hope you are all safe and well and being creative. Looking forward to being with you all soon!"

Meryl is going through trying times now,, including surgery and treatment. Please send her all the well wishes you can to support her healing process.



**Surfing School** by Meryl Meyer

APS Member **Barbara Kitty Williams** had pastel work selected for the upcoming Allied Artist of America 107th Annual Exhibit. Originally scheduled for display at the Salmagundi Club, NYC, NY. but due to COVID-19, the show will go live online August 29.

She also has work selected for the Pastel Society of North Carolina 4th Annual Pure Color International Online Juried Exhibition opening online September 1st.

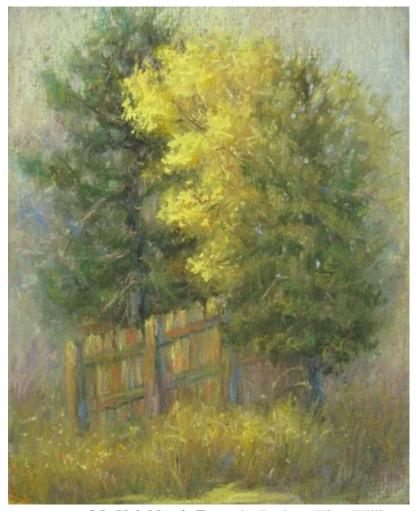
#### **Signature Memberships:**

International Society of Acrylic Painters (ISAP)

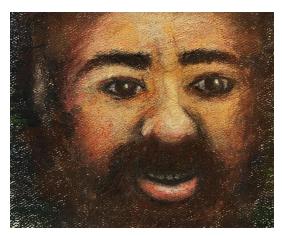
National Association Women Artists (NAWA) Southeastern Pastel Society (SPS) Degas Pastel Society (DPS) Appalachian Pastel Society (APS) Women Artist of the West (WAOW) National Association of Artists (NSA)

Catharine Lorillard Wolfe Art Club-Regular Member

Fellow of the American Artists Professional League, Inc.



My Neighbor's Fence by Barbara Kitty Williams



**Donovan Drives the Box Truck** by Sami Griffis

APS Member **Sami Griffis** is involved in a year-long workshop program, which alternates between landscape, still life and portraiture. Sami writes, "Portraits never interested me very much, as capturing the likeness is so difficult. If you can't capture the likeness, why bother with a portrait? I decided at the last minute – procrastinator! - to paint a portrait of Donovan, a new co-worker. He was so glad to have his new job, saying he felt his life was now coming out of the shadows. That struck me, so I made a few sketches and painted at home. I attempted to accentuate his face only, sending all other features into the shadows. I gave it to him as a gift. Good feelings over this one, as for once, I captured his likeness."



**Along the Cover Creek Road** by Marcia Donley



**Dishman Ridge** by Marcia Donley



**Skateboarder** by Marcia Donley

APS Member **Marcia Donley** moved to our region from Charlotte. There, she focused on portrait and figure art. But here, she feels pulled to paint the landscape. Here are some of her paintings of the area, shown in all seasons. Welcome, Marcia, to our area!



Whitewater Rills by Marcia Donley

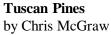


**Blackberry Winter** by Marcia Donley

APS Member **Chris McGraw** took advantage recently of having his work critiqued by a professional artist. He received a written critique, as well as his submitted image returned with additions to improve the overall painting.

His painting was really good before, but just a few marks in the right places, and it is even better. Getting a critique can be very valuable for your artistic growth. The best method would be to find an artist whose work you appreciate and approach them for a critique. Many artists are now offering this service during these days of confinement. The costs are very low and can help you see immediately where to improve your future work. Thanks, Chris, for sharing this critique!







The work after the critique ...

#### The Artist's Comments:

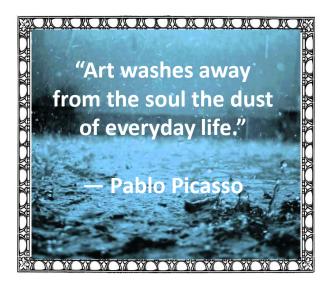
I removed the intense color again from the background by adding a cooler green to the distant cluster of trees. That cluster is clearly your center of interest and is nicely handled. The shadows on the grass I made a dark green, rather than blue, to keep the local color. The mass of trees along the lane on the left was softened in the sky in the distance because they are leading away and would be softer in the light--they also would have a little air space between them so that the trunks aren't so overwhelming. The little tree in the distant left must be just a suggested shape, not detailed. Any details are for the foreground--any distant items are merely shapes in mid-range value and softer color.

I painted **Meadow Skies**, 5x7 using the methods I learned from the recent APS online demonstration about how to paint skies and clouds. I think the painting is one of my best skies using the method of toning down the shades slowly. I learned a lot from the skies and clouds demonstration!



**Meadow Skies** by Sawyer Bear Whitemiller

Logic will get you from A to B. Imagination will take you everywhere - Albert Einstein



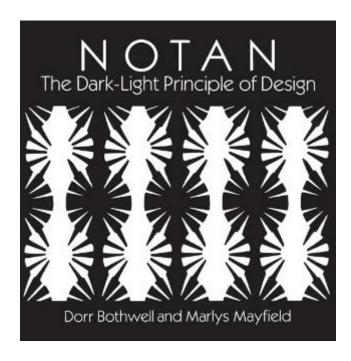
#### News Flash! Advance Notice!

Do you love Schmincke Pastels? They are my favorites but they are hard to get unless you order online. Well, now Schmincke Pastels will be stocked at

**The Starving Artist** in Hendersonville! Open stock! Over 200 colors plus sets! Coming soon .....!



### From the APS Library



#### NOTAN, The Dark-Light Principle of Design

By Dorr Bothwell and Marlys Mayfield

from Dover Publications

We put thirty spokes together and call it a wheel; But it is in the space where there is nothing that the utility of the wheel depends.

Therefore, just as we take advantage of what is, we should recognize the utility of what is not.

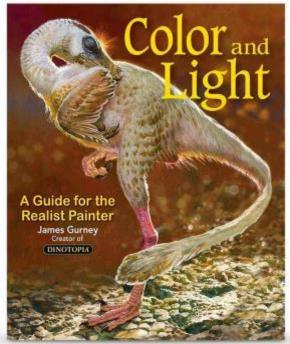
As a guiding principle of Eastern art and design, Notan (a Japanese word meaning dark-light) focuses on the interaction between positive and negative space, a relationship embodied in the ancient symbolism of the Yang and the Yin. In composition, it recognizes the separate but equally important identity of both a shape and its background.

Since their introduction in the West, the intriguing exercises associated with Notan have produced striking results in every branch of Western art and design. Clearly and concisely, the authors Bothwell and Mayfield demonstrate Notan's practical applications in six problems of progressive difficulty — creative exercises that will fascinate artists and designers of every calling and level of expertise.

Along with these exercises, the book includes many illustrations of the principle of Notan, among them images as diverse as a sculpture by David Smith, a Samoan tapa cloth, a Museum of Modern Art shopping bag, New England gravestone rubbings, Japanese wrapping paper, a painting by Robert Motherwell, a psychedelic poster, and a carved and dyed Nigerian calabash. Painters, sculptors, potters, jewelry, and textile designers, architects, and interior designers all will discover — or rediscover — in these pages an ancient principle of composition that can help them meet creative challenges with fresh new perspectives.

Borrowing books from the library is a benefit of membership. The lending library will reopen when face-to-face membership meetings resume at Grace Church, Mills River, NC.  $$_{36}$$ 

### From the APS Library



Beginning with a survey of under appreciated masters who perfected the use of color and light, the book examines how light reveals form, the properties of color and pigments, and the wide variety of atmospheric effects. Gurney cuts through the confusing and contradictory dogma about color, testing it in the light of science and observation. A glossary, pigment index, and bibliography complete what will ultimately become an indispensable tool for any artist.

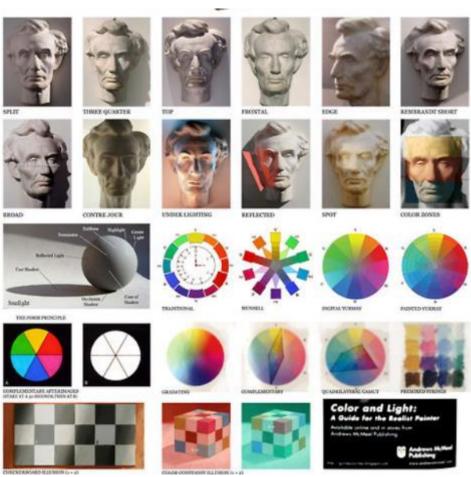
Color and Light is the second in a series based on his blog, gurneyjourney.com. His first in the series, Imaginative Realism, was widely acclaimed in the fantastical art world, and was ranked the #1 Bestseller on the Amazon list for art instruction.

## Color and Light, A Guide for the Realist Painter

#### **By James Gurney**

From New York Times best-selling author of the Dinotopia series, James Gurney, comes a carefully crafted and researched study on color and light in paintings.

James Gurney, New York Times best-selling author and artist presents research on two of art's most fundamental themes, Color and Light . The book bridges the gap between abstract theory and practical knowledge.



#### APS Member Dues

#### Just a Reminder, in Case You Forgot ...

Remember to renew your membership to our dynamic pastel society, if you haven't done so yet. *You won't want to miss the Online Workshop with Jen Evenhus, which is only available to members current on their dues.* This newsletter illustrates all the wonderful opportunities which are included with your membership, including workshops, exhibitions and shows. The APS Calendar Year for dues runs from January 1st to December 31st, and dues are just \$25 per year, so truly a bargain based on the top-notch guest artists we host at our meetings.

## Thank You! Susan Voorhees

You can pay your dues via PayPal on our website. The link is: <a href="http://www.appalachianpastelsociety.org/?page\_id=142">http://www.appalachianpastelsociety.org/?page\_id=142</a>
And simply follow the instructions on the page.



Submit checks directly to: Susan Voorhees, Membership Chair 55 Woodward Avenue Asheville, NC 28804

## Your Own Webpage for only \$30

Did you know that as an APS member, you can have your own webpage on the APS Website?

For only \$30 (one-time charge...no yearly fee), you can have a page that will link from your name in the Membership List. If you already have your own website, we can put a link on this page that will direct people to your website.

Updates to this page can be made for \$15...but otherwise there is no additional charge.

For details...and to see pages already in place, go to the APS website (<a href="www.appalachianpastelsociety.org">www.appalachianpastelsociety.org</a>), and click on the "Member Directory and Gallery" tab at the top of any page.

Information about how to have your own page is above the membership list.

If you have questions, contact the APS Webmaster...

Kay Gordon, APS Webmaster, kgordon@main.nc.us, 828.206.0240

## APS Officers and Board Members

#### **OFFICERS:**

**President:** Will Evans

Vice President: Nancy Clausen

Secretary: Michelle Breen

Treasurer: Don Osterberg

Immediate Past President: Gary Rupp

Contact forms for the Officers and Directors are on the APS web site under the "About" tab.

#### **BOARD OF DIRECTORS:**

2021 APS National Show: Susan (Sami) Griffis

2022 North Carolina Statewide Show: Gary Rupp and Christine Robinson

Membership: Susan Voorhees

Communications: Chris McGraw

Programs: Robbins Richardson

Kathleen Jones
Julie Babb

Publicity Coordinator: Jane Voyles

Non-juried Shows: Anne Allen

Nominating: Judy Harron

Hospitality: Carol Crotty

Paint Outs: Gary Rupp

Nancy Clausen

Library: Anne Allen

Newsletter: Susan Griffis

Social Media: Chris Robinson

Website: Kay Gordon

#### Appalachian Pastel Society Membership Application

Name			
Address			
City			
Telephone	Alt Telepho	ne	
E-Mail	Website		
Renewing Member New Memb	ber Artist	Art Supporter	_
Committee Interests (How you can help Exhibitions Programs Hosp Membership Clerical Work	pitality Telephone _		
Awards/Experience/Comments:			
Skills: (Media/Teaching/Computer/Photo	ography/Clerical/Organiza	tion/Leadership/other)	)
What are your expectations of APS? (H	Iow·can·we·best·serve·our	membership?)	
How did you learn about APS? Newspa	aperMagazine	APS Website	·Facebook·
Meetup·Friend·Other·			
Please include a check made payable to "a also submit a digital form and pay with Pa If you don't submit a digital form, please	ayPal·or·credit·card·on·our	website, <u>www.appala</u>	-
[APS membership year starts January 1st.	]		
Send to:···Susan·Voorhees,·Membership·(	Chair, ·55 ·Woodward ·Ave,	·Asheville, ·NC·28804	

More information: contact Susan at: appalachian pastelsociety@gmail.com 828-545-5500