



APS ADVENTURES IN PASTEL 2024!

Adventure E-2

“Finding Your Inner Leonardo”

All about using both hands in art, this exercise challenged the use of both dominant and non-dominant hands in sketching a simple object.

This was a time to think outside the box, and engage both hemispheres of the brain. Uncomfortable? Maybe, but fun!

Here are the results. Enjoy!

Adventure E-2

“Finding Your Inner Leonardo”

Great fun. Thank you. Just finished it. The one on left is left handed. One on right is my dominant right hand. I think the one on the left was using my “spatial “ center of my brain. I was very shaky on the left hand and the ink seemed to go where it wanted. The right was too much trying to figure it out. I plan to do this a lot more.



Kathy Amspacher...selfie

10x13

Smartie ink pens,
pastels....hard and soft.

Kathy Amspacher
Hendersonville, NC



Adventure E-2

“Finding Your Inner Leonardo”

Tomato for Smashing Non-Dom.
(att. 1)

Tomato for Smashing Dom. (att
2)

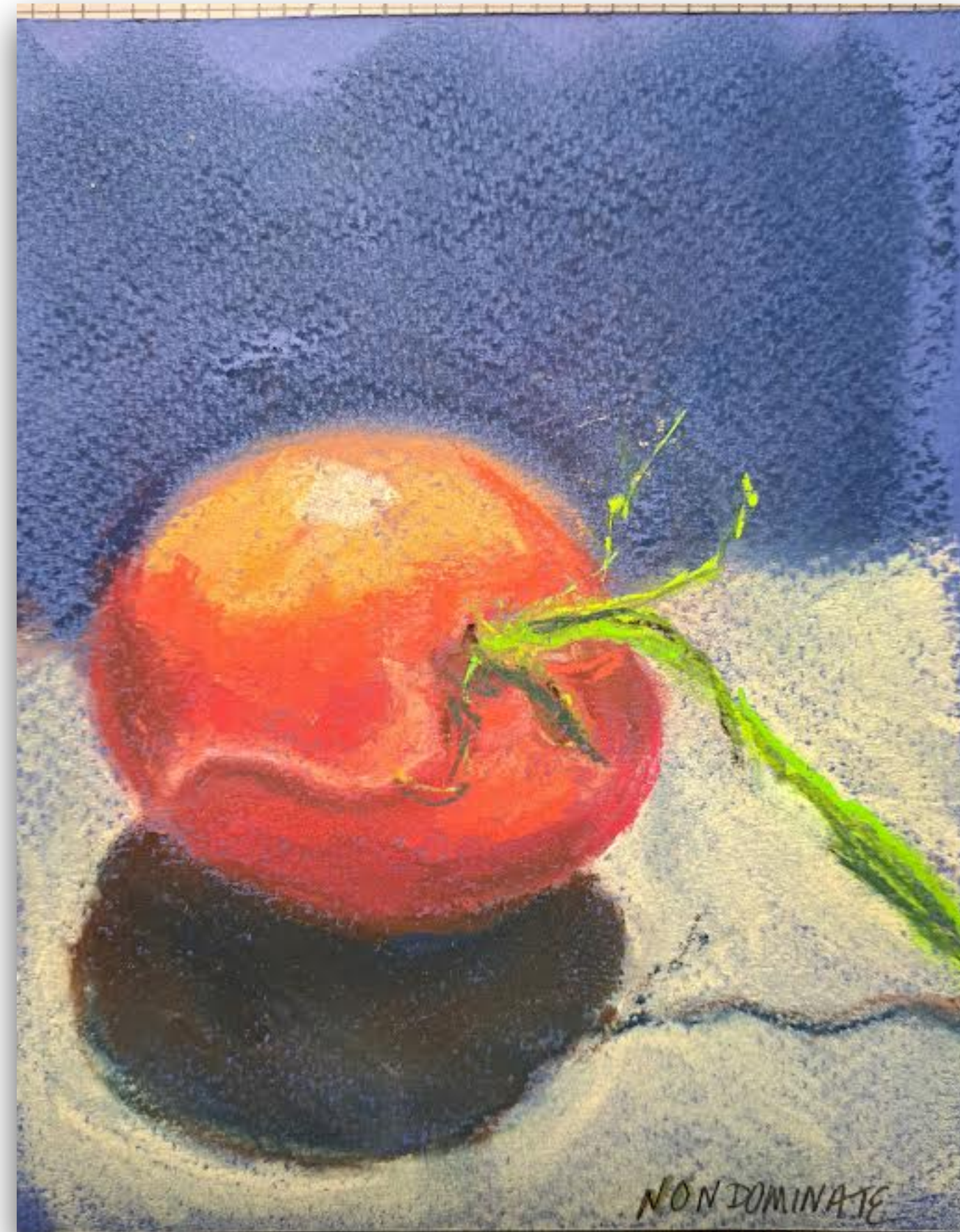
4.75 inches x 6.25 inches

Canson Mi-Teintes paper (blue
scraps)

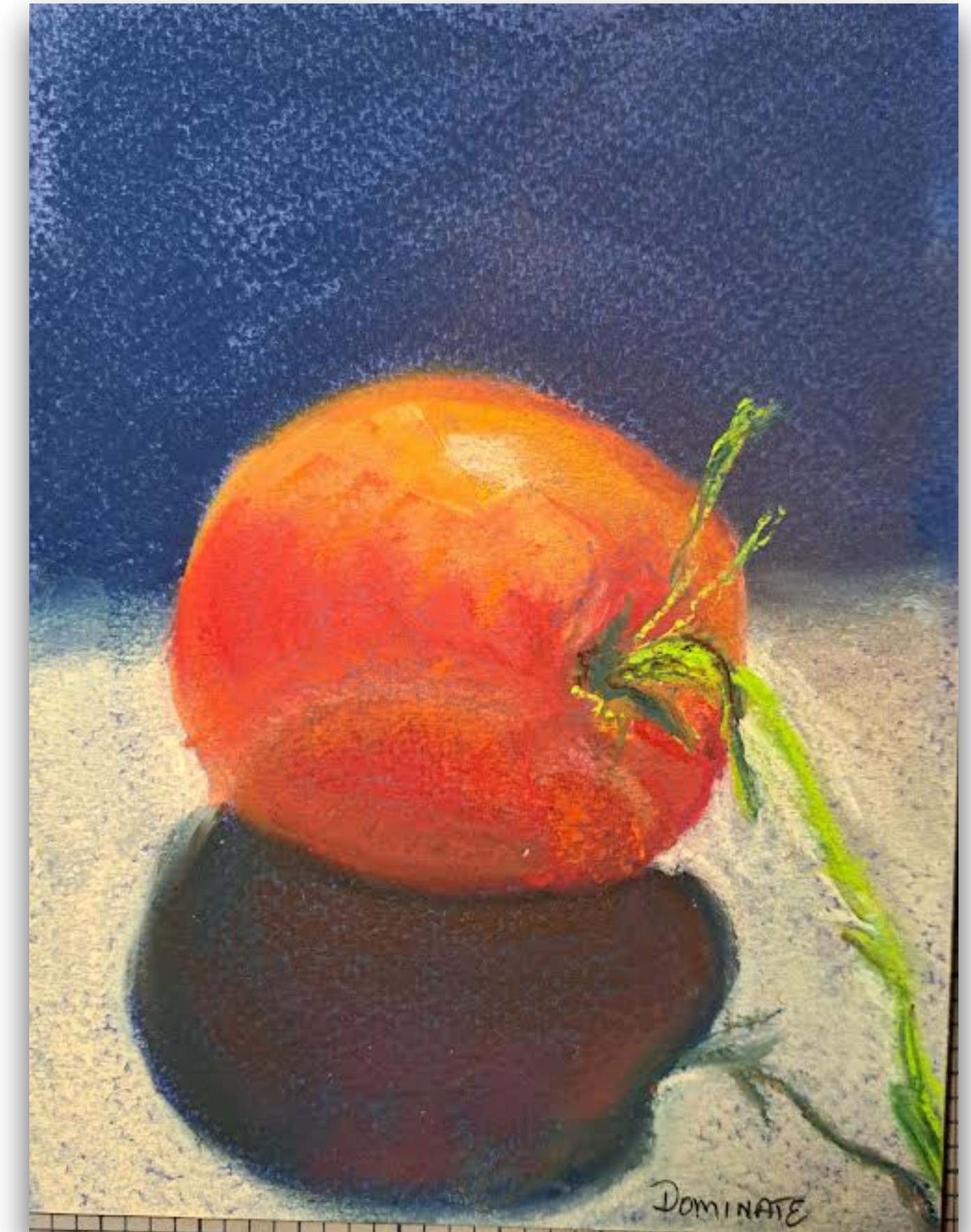
Pastel sticks and pastel pencils

I have guests coming to stay for
a week, so I to get these done
fast, incomplete, and dirty. Well,
my hands got dirty.

Claire Benton
Riverview, FL



Non-dominant



Dominant

Adventure E-2

“Finding Your Inner Leonardo”

I did use two different pieces of paper since I used scrap paper, but other than that I just used a different hand for each. My left hand is already more opinionated and bossy after just one simple exercise. Not surprising as it is attached to my body, lol.

This was an enlightening exercise as there are aspects I like better on the drawing I did with my left hand. I think it is because my left hand was looser than my tight, dominate right hand. Title Sweet Staple. Thank you for the series, these are great simple exercises to expand our art world!

Sara Cetorelli
Fairmont, WV

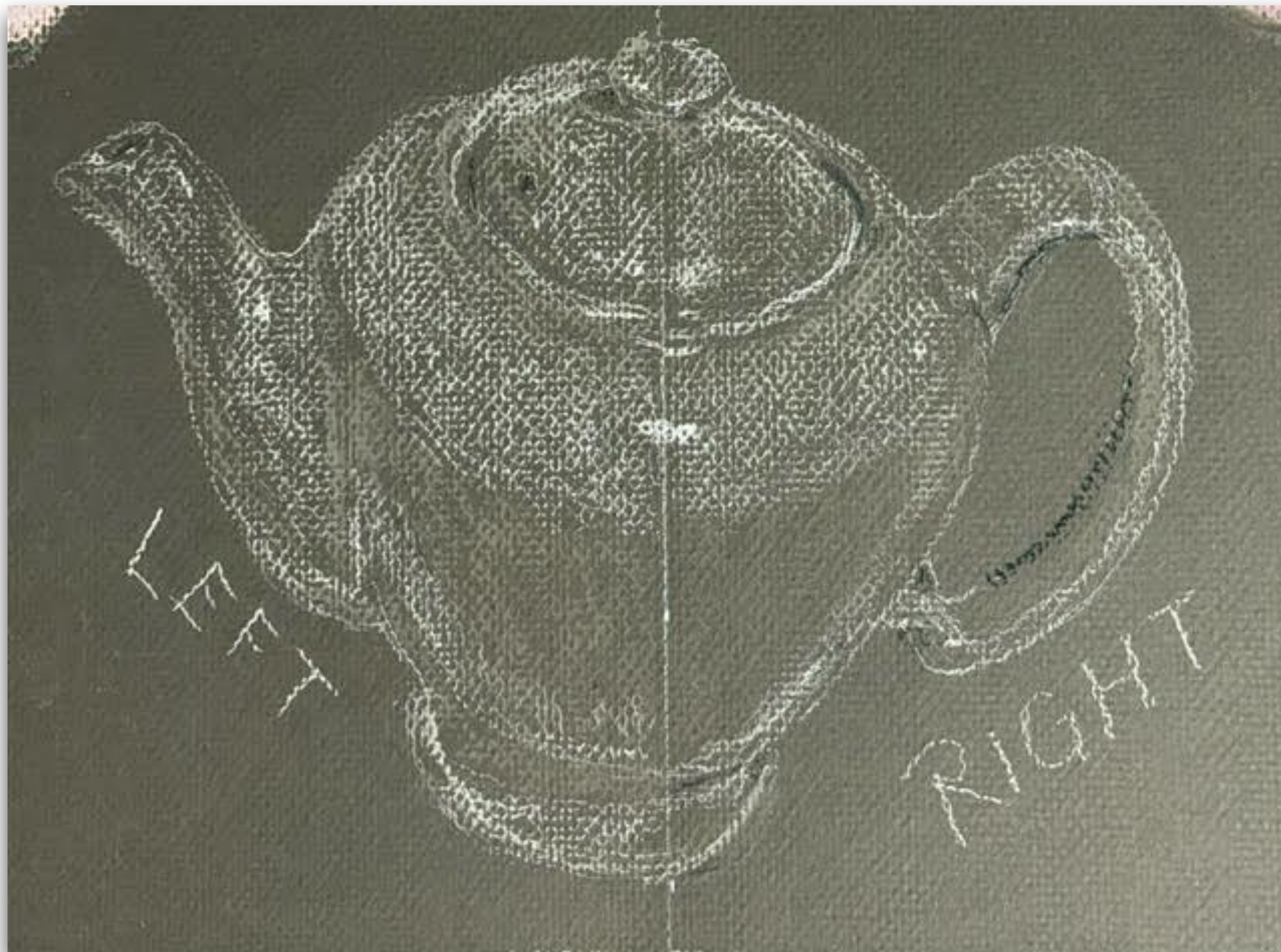


Adventure E-2

“Finding Your Inner Leonardo”

Here is my entry for this challenging adventure. I am right handed but tried drawing, erasing and sharpening with my left. It was a slow and tedious process. The piece is about 10” square using Cretacolor grey set of pastel sticks on dark gray paper.

**Deborah Chase,
Rutherfordton, NC**



Adventure E-2

“Finding Your Inner Leonardo”

Here are my 2 paintings for the left and right handed Adventure. The painting with the brown background was done using my left hand and the dark violet background is the painting done with my right hand.

The paintings are done from a photograph I took while hiking years ago. They're supposed to be Toadstools. They are each approx. 5x7 on Ersta paper. Ersta was the precursor to UArt paper. The brown painting was done mostly with Girault pastels as they had sharper edges and the violet one was done mostly with Terry Ludwig pastels.

An interesting exercise.

Nancy Clausen
Swannanoa, NC



Adventure E-2

“Finding Your Inner Leonardo”

E-2 from Linda Cook
- Onion&Apple

A challenge for me as
one of the 90%!

Linda Cook
Asheville, NC



Adventure E-2

“Finding Your Inner Leonardo”

Thanks for this Adventure. I thought I'd picked a simple mug subject but got caught up in the glazing design. Started with charcoal outlines on 12" x 16" Mi-Teintes grey paper; I fixed those, and added color with mostly hard pastels. Although my left hand is at its best when clapping, I found I enjoyed the stray pencil marks in the sketch which made the image more alive. I'm still aiming to be less literal. A good exercise!

Diane de Grasse
Black Mountain, NC



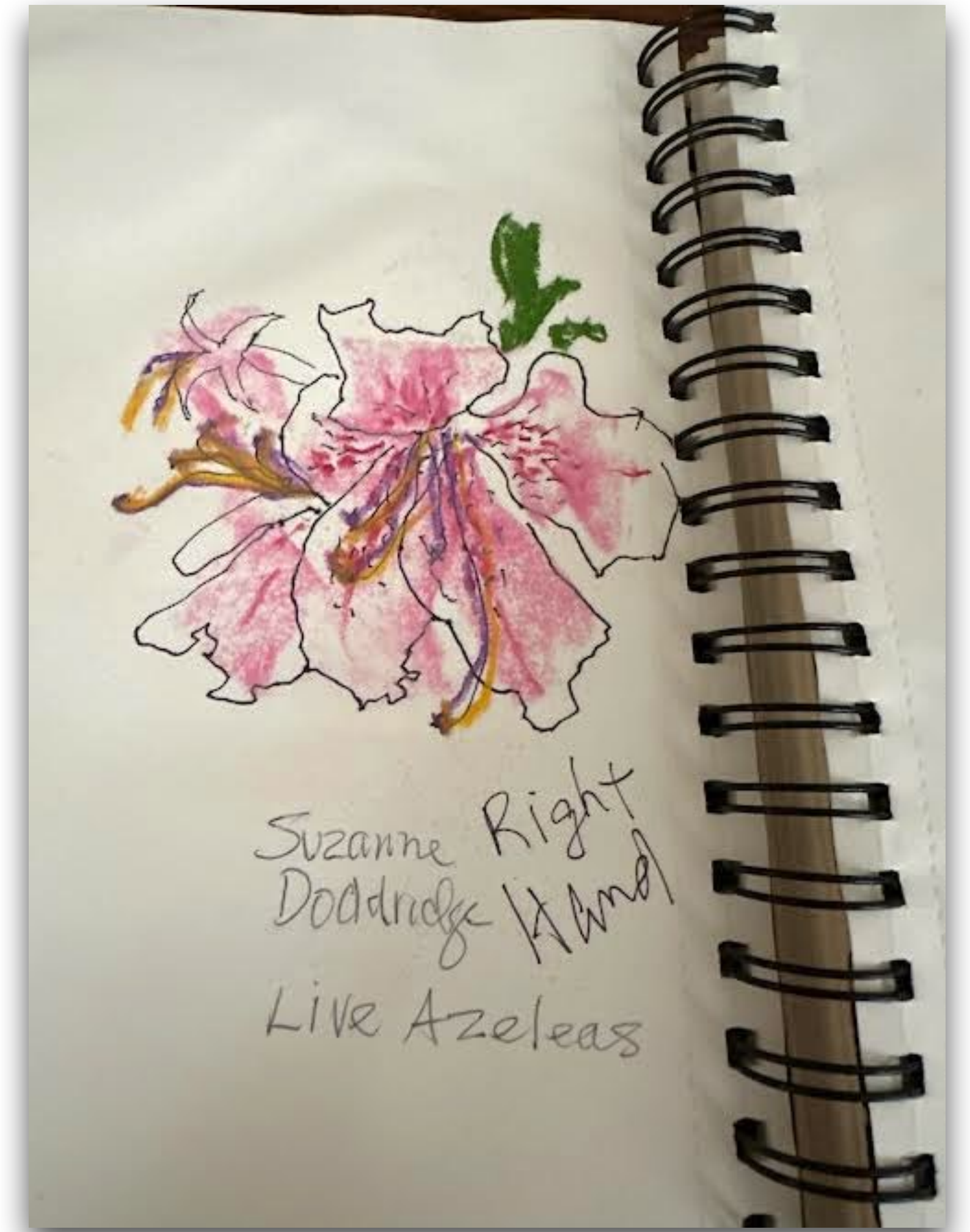
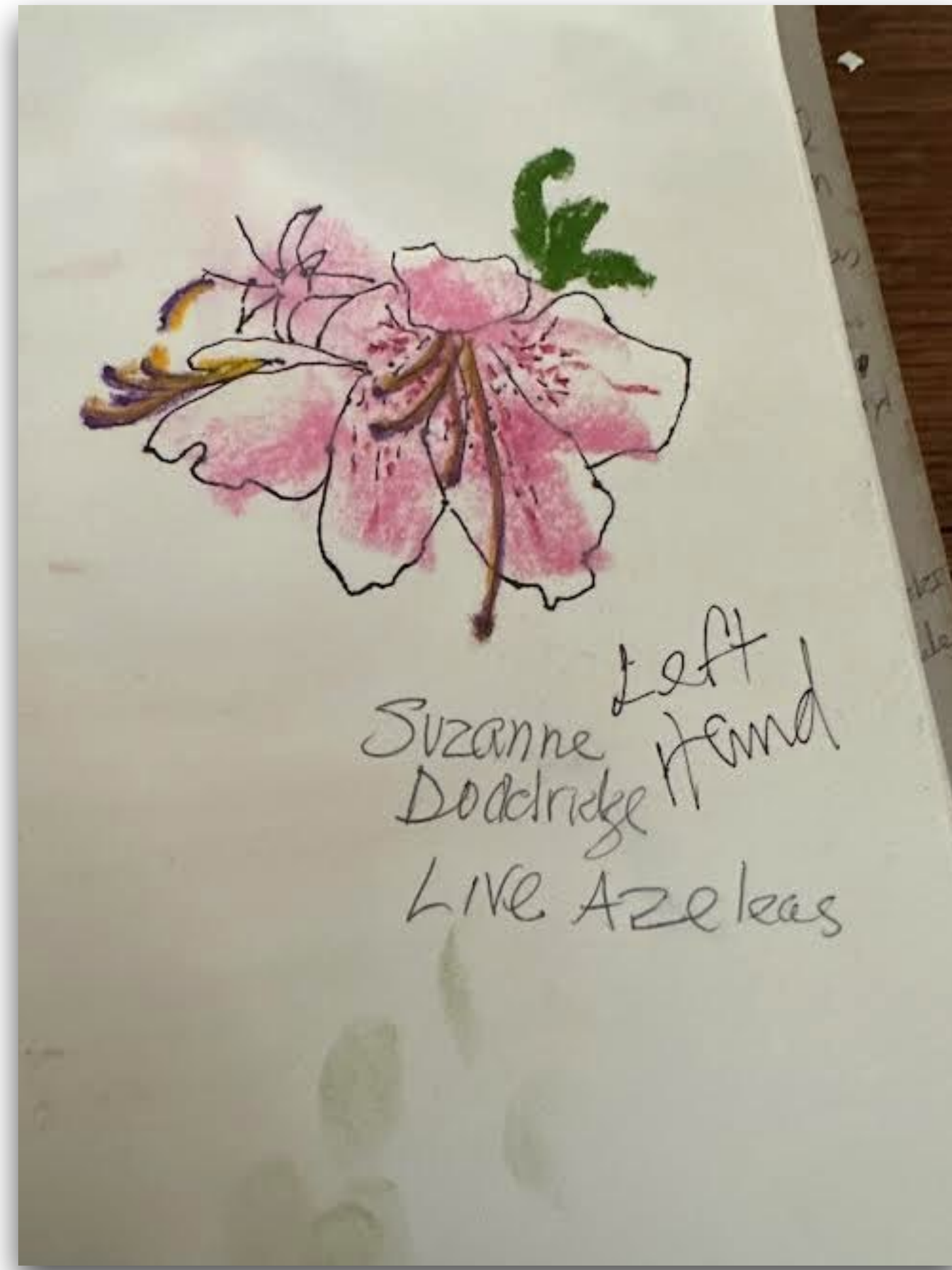
Non-dominant Left

Dominant Right

Adventure E-2

"Finding Your Inner Leonardo"

Suzanne Doddridge
Asheville, NC



Adventure E-2

“Finding Your Inner Leonardo”

Here's my submission for the left/right Adventure.

This was fascinating. I often switch from one hand to another when needed so I can see what's going on with the right corner of a pastel stick (so I go to my left hand) .. but to do a complete painting this way was different. I found myself even THINKING a bit differently .. and in some ways I like it better. It's more simple, more fresh .. and I think I will do this more often. Thanks APS!

Terrilynn Dubreuil
Asheville, NC



Right-handed



Left-handed

Adventure E-2

“Finding Your Inner Leonardo”

Greetings,

A lemon and cream jug reached out. I first, on newsprint, sketched out the still life, using left and right hands. Then on Lux Archival paper, I repeated the challenge, each 5x7. I again sketched the objects, built up the background and proceeded to the object. Results, I’m not Michelangelo, but I think it’s perhaps the first time I’ve drawn pastels with my left hand. I learned the mobility in my dominant right is way better than the stiff left. Guess I’ll stick with the right hand.

Will Evans
Fairview, NC



Adventure E-2

“Finding Your Inner Leonardo”

Here are my two drawings for Adventure E-2 “Both Hands Dusty”.

Titles: Napping Tabby Right Hand; Napping Tabby Left Hand

Size: 5” x 7”

Medium: Graphite on Bienfang paper



Comments: I am right-handed and this was a tough challenge. My poor brain is hard-wired one way and using my left hand was very uncomfortable. The two things that I had the most trouble with was pressure and curved lines. My left hand kept a very light pressure on the pencil and I would lose control when I tried to increase the pressure on the stroke. My left hand also wanted to keep making straight lines, and we all know that cats have lots of curves in their bodies. Thus, I hope I can keep painting with my right hand for as long as I can stand at my easel. I'll leave the ambidextrous techniques to Leonardo, Ben, and Albert.

Think Spring!

Alec Hall

Hendersonville, NC

Adventure E-2

"Finding Your Inner Leonardo"

THANK YOU for this
ADVENTURE. Very
challenging. ENJOYED IT
THOROUGHLY.

Each painting is 7x9 on Uart
400 tan. I don't know why
the left shows smaller than
the right.

Ludwigs and charcoal pencil

The photo (top) is the scene I
photographed Friday, Feb
23, 2024.

**Verona Hearne
Matthews, NC**



Left hand



Right hand

Adventure E-2

“Finding Your Inner Leonardo”

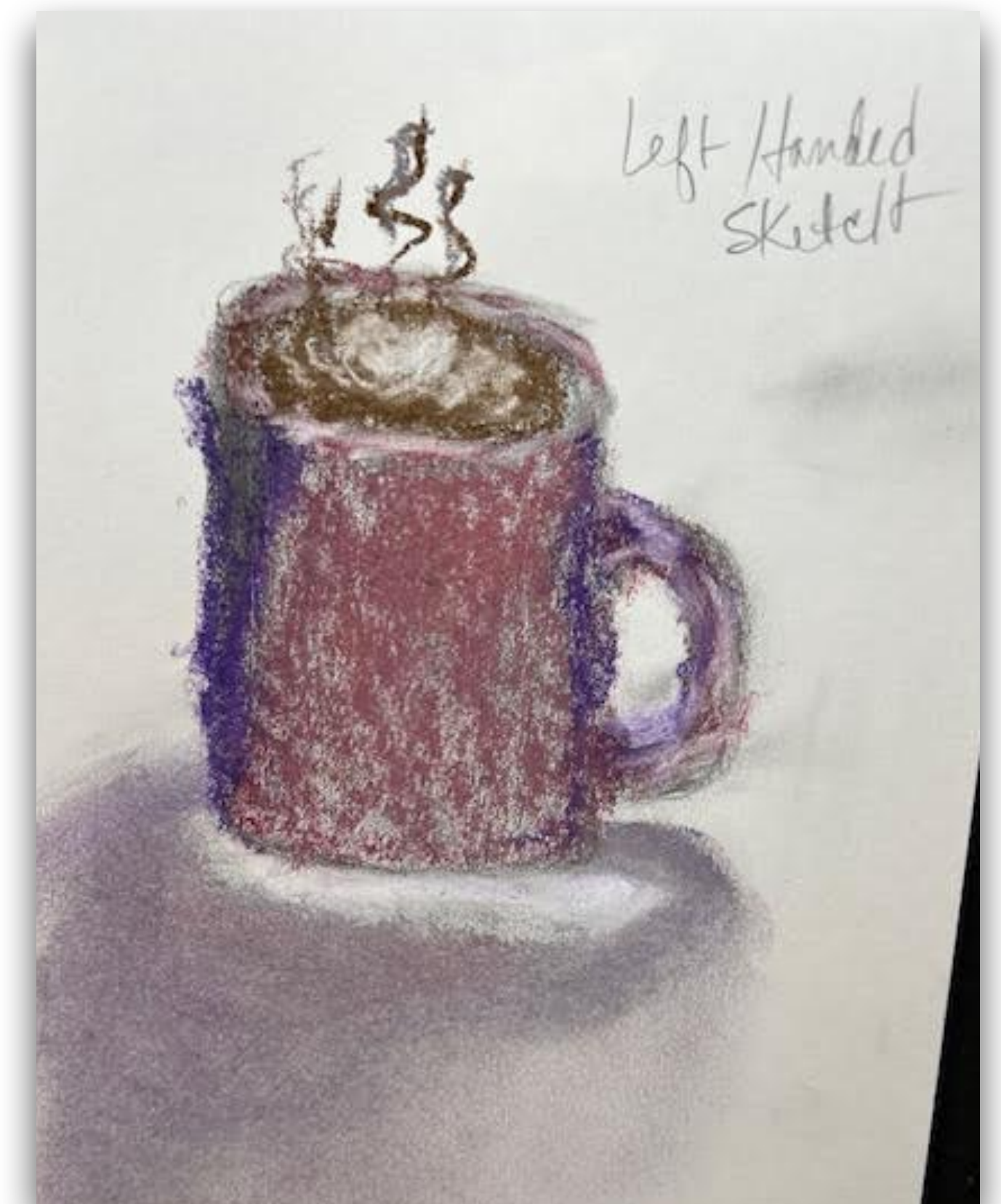
A quick sketch right handed, then left handed. Lastly, I added a bit of pastel in an attempt to capture the shadows. Light is coming from overhead. The steam from the hot coffee and floating heart creamer was a last minute addition.

I am not that steady drawing right handed; realized I am much worse left handed. LOL I used a #2 pencil to sketch. I learned the pastel didn't want to cover the dark pencil shading. The pencil made the surface too slick. The softer pastels seemed to cover much better.

A quick and fun little exercise.

Thanks again for all of the creative adventures that help to challenge us to learn new techniques and improve our skills. Much gratitude! Cheers to all!

Anne Hudson
Lexington, KY



Adventure E-2

“Finding Your Inner Leonardo”

Untitled

Painted with a couple Nupastels and a small Schmincke set.

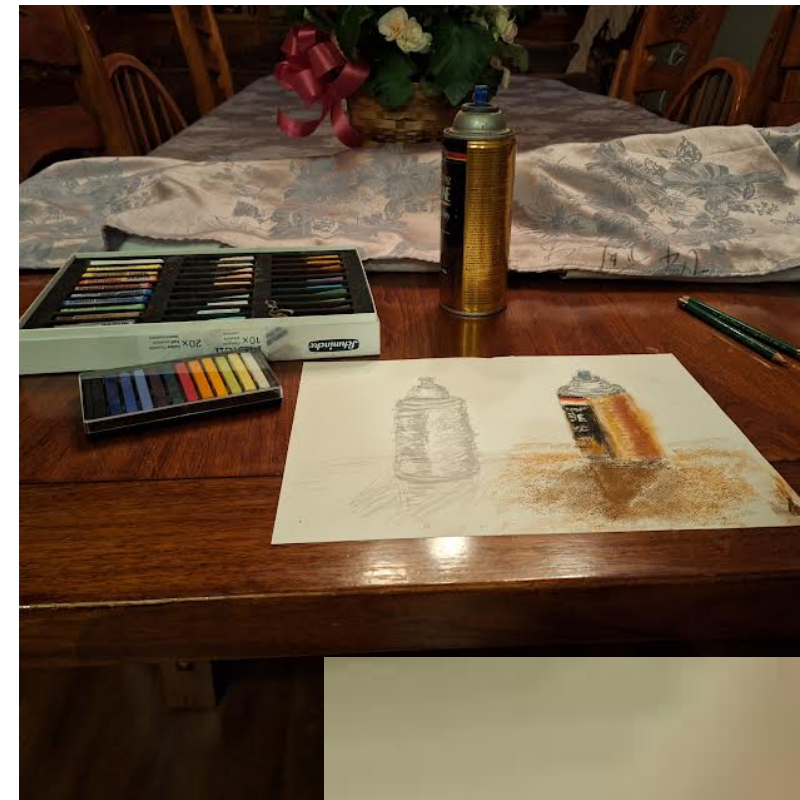
I was surprised at how well? my sketch with my nondominant hand (left side) turned out. Maybe that was because I didn't expect a lot and wasn't trying so hard?

This was a fun challenge that taught me first I need to sketch far more often. Second I need to sketch more often!

I did also set myself up for a challenge in that I had too many light sources. Working at my dining table I had overhead lights, lights from various fixtures over my shoulder.

Still loads of fun for a quick submission. Thanks.

Kathy Hutchinson
Rutherfordton, NC



Adventure E-2

“Finding Your Inner Leonardo”

Richard’s shoe

6 x 8 1/2 Left hand drawing
(I’m left handed)

6 x 8 Right hand drawing

This challenge was fun. I was surprised at how well I was able to use my right hand (I am left handed) although it was awkward. I kept reaching for a pastel with my left hand. I chose scrap paper that I had, which explains the different colored backgrounds. Thanks to all that work so hard to put this Adventure together!

Lynn Jackson
Brevard, NC

Left hand



Right hand



Adventure E-2

"Finding Your Inner Leonardo"

Attached are my two paintings, both done on Uart 500, 10-1/2"w x 7" h; they are titled: "Left Hand StillLife" and "Right Hand StillLife".

I spent more time on the Left Hand version as I am right handed. Thanks for the challenge!

**Cindy Lidd
Garner, NC**



Right Hand Still Life



Left Hand Still Life

Adventure E-2

"Finding Your Inner Leonardo"

Title: right n left hand

Size: 8x7 1/2

Medium: pastels on brown envelope

Comment: Right hand on left and left hand on right.

Quick sketch I experienced stronger marks than the left ...wish I was ambidextrous...

Margaret Lyn-Soroken
Black Mountain, NC



Adventure E-2

“Finding Your Inner Leonardo”

" BLUE HERON "

I am Right Hand Dominant.

Work done on a very old
scrap of Le Carte pastel
card.

Images each fit in a 4" x 6"
space.

Linda Medders-Jackson
Cross, SC



Right

Left

Adventure E-2

“Finding Your Inner Leonardo”

“Peppers”

This was quite the challenge. I have tremors primarily on my non-dominant side so painting with my left hand was especially hard. I found it a challenge guessing where on the paper the mark was going to land! It surprised me that I'm not sure which I like better. My hat is off to any of you who can easily paint with either hand.

Painting on the top- dominant hand, painting on bottom- non-dominant.
Thanks for the fun challenge.

Barbara Moerk
Hendersonville, NC



Adventure E-2

“Finding Your Inner Leonardo”

Hi Chris/APS adventures coordinator: Here’s my “both hands” submission – just an attempt to copy Leonardo’s hands painting. I’m naturally left-handed and never trusted my right for much at all. This adventure has changed my mind – the looseness and imprecision of my fumbling right hand is teaching me something..

Title: Leo’s Hands Sketch

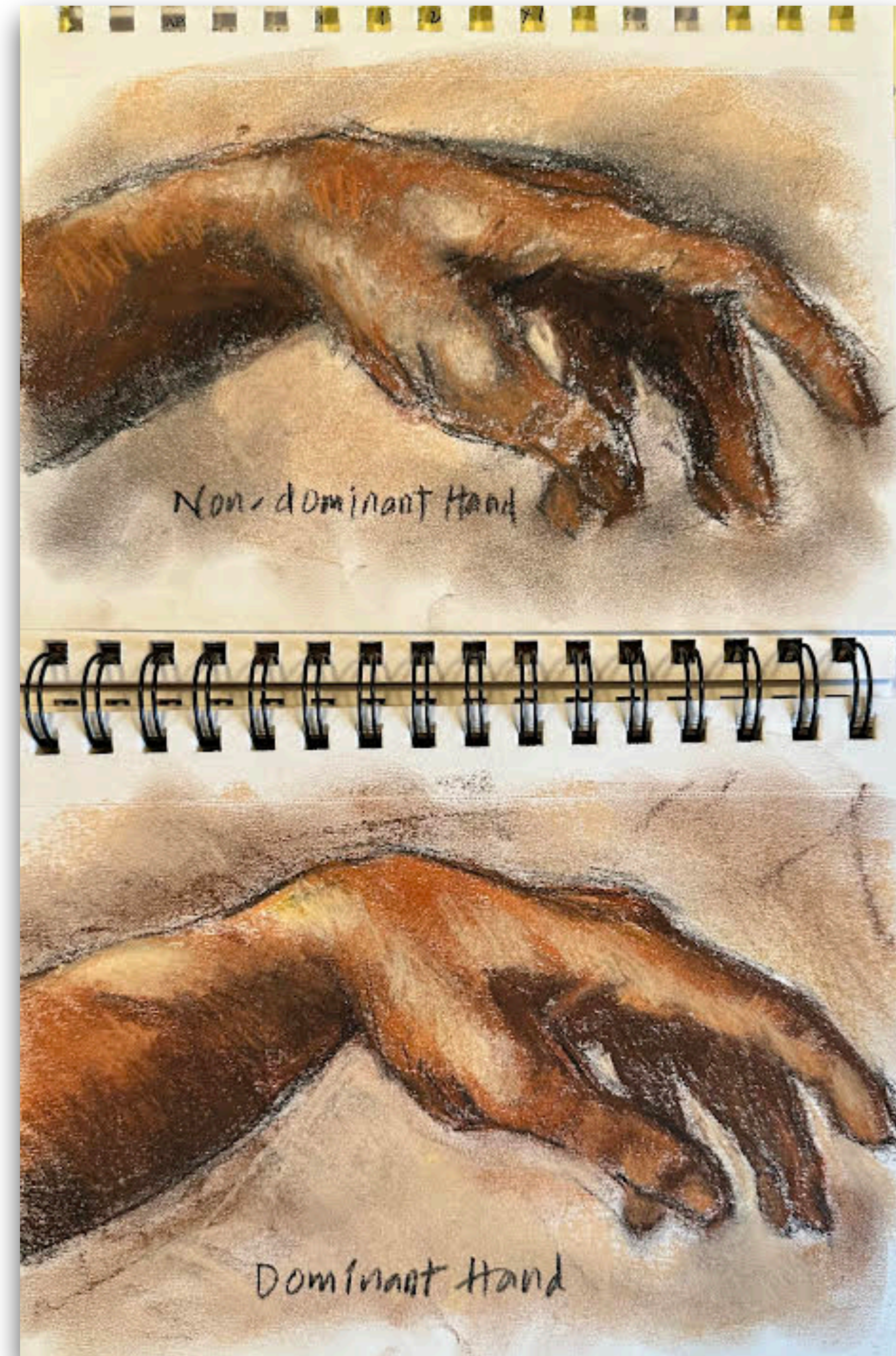
Size: 8 x 5

Materials: Conte crayon and Sennelier pastels

Thanks for this very fun adventure series.

Pat Quigley

Norristown, PA



Adventure E-2

"Finding Your Inner Leonardo"

This is Carol Rollick.

I am right handed.

The first piece is 7"x 9" with dominant hand on black Pastelmat. #1

The piece #2, with my non-dominant hand, is 8"x 10", is on a surface I made with (believe it or not) encaustic medium which was weird to paint on. I actually like #2. better but by this time I had finally hit my stride. A case for doing the same image several times.

Carol Rollick

Ponte Vedra Beach, FL



#1



#2

Adventure E-2

“Finding Your Inner Leonardo”

Two Lachrymatory Jars

Please find attached my left/right artwork. The jar on the left is my non-dominant hand and I actually like how it came out. It looks a bit fresher and more interesting than the one on the right which seems a bit overworked and tight. I didn't expect to have so much fun. The shape is taken from ancient jars made to hold mourner's tears and would then be buried in tombs. These bottles are mentioned in Psalms 56:8 as a place where God Himself keeps our tears.

Gary Rupp
Black Mountain, NC



Adventure E-2

“Finding Your Inner Leonardo”

Artist: Andrea Stutesman

Title: Emerging

Size: 16 x 12

This was a different experience. I am nearly ambidextrous. I can use my left hand for most things except writing is slow and awkward. Very interesting informative exercise.

Andrea Stutesman
Black Mountain, NC



Adventure E-2

“Finding Your Inner Leonardo”

I decided to just have fun with this and I did. Curiously I like my non-dominant hand painting best. They are called Golden Girl.

The first is my dominant hand and I couldn't find my reference photo so used the actual painting. The darker one is my non-dominant hand and I found the reference photo for it. The paper was from my notebook and not good for pastels. But I had great fun playing.

Eileen Wilhem
Pinnacle, NC

Dominant



Non-Dominant

